

# Provider Manual

## Foreword

Welcome to First Choice VIP Care. This *Provider Manual* was created as a guide to assist you and your office staff in providing services to our members, your patients. Providers can use this First Choice VIP Care *Provider Manual* as a reference pertaining to medical services for members of First Choice VIP Care.

No content found in this publication or in First Choice VIP Care's participating Network Provider Agreement is intended to be interpreted as encouraging providers to restrict medicallynecessary covered services or limit clinical dialogue between providers and their patients. Regardless of benefit coverage limitations, providers should openly discuss all treatment options that are available.

The provisions of this *Provider Manual* may be changed or updated periodically. Revisions will be posted on our website at www.firstchoicevipcare.com. First Choice VIP Care will provide thirty (30) **days' notice** of the updates and providers are responsible for checking regularly for updates.

Your review and understanding of this manual is essential, and we encourage you to contact our Provider Network Management department with any questions, concerns and/or suggestions regarding this *Provider Manual*.

Thank you for your participation with First Choice VIP Care.

Headquartered in Charleston, South Carolina, First Choice VIP Care is a mission-driven managed care organization.

## **Our Mission**

## We Help People:

Get Care Stay Well Build Healthy Communities

We have a special concern for those who are poor.

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# SECTION I OVERVIEW and MEMBER ELIGIBILITY

# I. Overview

First Choice VIP Care is a member of the AmeriHealth Caritas Family of Companies, a leader in managing medically complex members. Through our Medicare Advantage Dual Eligible Special Needs Plan, First Choice VIP Care, we are continuing and reinforcing our vision and mission to lead in the provision of health care services to the underserved. Through First Choice VIP Care, our existing Medicaid members who are also eligible for Medicare will be able to receive the same quality health care services without disruption.

First Choice VIP Care members will be enrolled in First Choice VIP Care's care management and disease management programs. They will be assigned a Care Coordinator who will follow the **member's treatment pla**n, continually reaching out to the member to monitor compliance with the treatment plan, and be available to the member when needs arise.

Our coordinated care approach, leading technology solutions, and innovative community outreach programs enable our members with debilitating conditions to lead more comfortable lives. Working with dedicated health care providers, our programs offer better outcomes for our members.

We are proud of the opportunity to provide health care to our most vulnerable members. Amer**iHealth Caritas'** decades of experience in Medicaid managed care makes us an excellent choice for chronically ill members covered by Medicare Advantage Plans.

## **About Our Programs**

The Dual Eligible Special Needs Medicare Advantage Plan was created to offer Medicare and Medicaid eligible beneficiaries the opportunity to receive enhanced benefits in addition to the Medicare and Medicaid benefits. The Medicare program is administered through the Centers for Medicare and Medicaid Services (CMS). First Choice VIP Care will provide the Medicare benefits to these members.

## **Program Eligibility**

Members are eligible to enroll in First Choice VIP Care if they are:

- Entitled to Medicare Part A, and enrolled in Medicare Part B.
- Live in our service area.
- Enrolled in the Healthy Connections Medicaid program.

However, individuals with End-Stage Renal Disease (ESRD) generally are not eligible to enroll in First Choice VIP Care unless the individual meets exceptions to ESRD eligibility rules outlined in Chapter 2, Section 20.2 of the CMS Medicare Managed Care Manual.

## **Plan Overview**

First Choice VIP Care is contracted to provide Medicare hospital (Part A), medical (Part B) services and prescription drug coverage (Part D) services within eligible SC counties. .Please

refer to Section III of this *Provider Manual* for a full description of Plan benefits including supplemental benefits.

## **Member Enrollment**

First Choice VIP Care will accept only those members with dual Medicare/Medicaid eligibility.

First Choice VIP Care will not discriminate on the basis of religion, gender, sexual orientation, race, color, age, national origin, health status, pre-existing condition, or need for health care services and will not use any policy or practice that has the effect of such discrimination.

However, individuals with ESRD generally are not eligible to enroll in First Choice VIP Care unless the individual meets exceptions to ESRD eligibility rules outlined in Chapter 2, Section 20.2 of the CMS Medicare Managed Care Manual.

First Choice VIP Care members will be required to select a Primary Care Provider (PCP). If a PCP is not selected by a member, First Choice VIP Care will assign a PCP taking the following into consideration:

- Match of member's language preference (if available).
- Selection of a PCP closest to the member's residence based on zip code.

Once the selection or assignment has been made, First Choice VIP Care will mail an **identification card (ID) with the PCP's name** to the member. Members are instructed to keep the ID card with them at **all times. The member's ID card will include:** 

- The member's name and member ID number;
- First Choice VIP Care's name, mailing address and Provider Services number.

## Member ID Card

VIP CARE. (a) Send Heath death Carater Member Name> Member Name> (23456789> Heath plan number <(80840) 7053314697>	Primary care proviser (PCP): - <last first="" name="" name,=""> PCP phone <pcp phone=""></pcp></last>	FirstChoice VIP CARE. by Send Hash of South Environ First Choice VP Care Claims Processing Center PD. Box 7182 London, KY 40742-7182 D0 NOT bit Original Medicare. Date-of-area providen: File all claims with First Choice VP Care plan. Coverage of benefits and services may be firsted outside of the First Choice VP Care service area.	Membern: Call Member Services at 1-888-996-0499 (TTY 711) or visit our websile at www.firstchoicevipcate.com. Providers: Call 1-889-978-0151. Outside of area: To serily member elisiphility and coverage, or for pre-certification, call 1-888-978-0151.
MEMBER CANNOT BE CHARGED. Cost sharing/copays: 80 for doctor visits and hospital stays	RX BIN: <019587> RX PCN: <prx01809> First Choice VIP Care (HMO-SNP) 4739-001</prx01809>	Submit prescription claims to: Perform/SVP/First Choice WP Care PD. Box 516 Easington, IVA 19028 Pharmacists: RXID is the member ID. PERFORM R. And feasible formum family.	For pharmacy benefit information: Members call 1-833-809-3767.

## Member Identification and Eligibility Verification

First Choice VIP Care member eligibility varies. Therefore, each participating provider is responsible for verifying member eligibility with First Choice VIP Care before providing services. Eligibility may be verified by:

- By calling Provider Services at 1-888-978-0151.
- Utilizing First Choice VIP Care's real-time eligibility service. Depending on your clearinghouse or practice management system, our real-time service supports batch access to eligibility verification and system-to-system verification, including point of service (POS) devices.
- Accessing a link on First Choice VIP Care's website via a free, web-based solution for provider access to electronic transactions and information through a multi-payer portal NaviNet.

Please note that First Choice VIP Care cards are not returned to First Choice VIP Care when a member becomes ineligible. Therefore, the presentation of the First Choice VIP Care ID card is not sole proof that a person is currently enrolled in First Choice VIP Care. Providers should request a picture ID to verify that the person presenting is the person named on the ID card. If providers suspect a non-**eligible person is using a member's ID card, please report the** occurrence to First Choice VIP Care's Fraud, Waste, and Abuse Hotline at 1-866-833-9718.

## **Member Rights and Responsibilities**

Federal law requires that health care providers and facilities recognize member rights. First Choice VIP Care informs its members of the following rights and responsibilities, but members also have the right to request and receive from their health care provider a completed copy of these Rights and Responsibilities.

#### **Member Rights**

- To be provided with information about First Choice VIP Care and First Choice VIP Care services, coverage and benefits, the network contracted practitioners and providers **delivering care, and members' rights and responsibilities**.
- To receive information on available treatment options and alternatives, presented in a manner appropriate to the member's condition and ability to understand.
- To participate in decisions regarding his or her health care, including the right to refuse treatment. Refusal of treatment is not considered a reason to request disenrollment of the member from a physician's practice.
- To be free from any form of restraint or seclusion used as a means of coercion, discipline, convenience or retaliation.
- To request and receive a copy of his or her medical records and to request that the records be amended as specified in accordance with HIPAA privacy regulations.
- To expect courteous service from First Choice VIP Care and considerate care from contracted providers, with respect and concern for a member's dignity and privacy.

- To voice his or her complaints and/or appeal unfavorable medical or administrative decisions by following the established appeal or grievance procedures found in First Choice VIP Care's Evidence of Coverage or other procedures adopted by First Choice VIP Care for such purposes.
- To inform contracted providers that he or she refuses treatment, and to expect to have such providers honor his or her decision if he or she chooses to accept the responsibility and the consequences of such a decision. In this event, members are encouraged (but not required) to:
  - Complete an advance directive, such as a living will, and provide it to the contracted Plan providers.
- To call or write First Choice VIP Care any time with helpful comments, questions and observations concerning something liked about First Choice VIP Care or a problem area. Members may also make recommendations regarding First Choice VIP Care **members'** rights and responsibilities policies. Members should call the Member Service's number or write First Choice VIP Care at the address on the membership card.
- To expect that health care providers who contract with First Choice VIP Care will not discriminate against members in the delivery of health care services on the basis of religion, gender, sexual orientation, race, color, age, national origin, health status, pre-existing condition, ethnicity, national origin, mental or physical disability, genetic information, or source of payment, consistent with the benefits covered in their policy.
- To have access to services, both clinical and non-clinical, regardless of whether a member has limited English proficiency or reading skills, has a diverse cultural and ethnic background, or a physical or mental disability.

#### Member Responsibilities

- To understand, to the best of his/her ability, how First Choice VIP Care is used to receive health care.
- To choose a PCP as soon as possible.
- To take his/her First Choice VIP Care ID card and Medicaid ID card to all medical appointments and to the pharmacy for prescriptions.
- To keep his/her scheduled appointments.
- To call his/her doctor's office at least 24 hours in advance of his/her appointment if the appointment must be re-scheduled.
- To tell his/her doctor about his/her medical problems.
- To ask questions about things he/she does not understand.
- To follow the provider's orders and advice on care and treatment that the member has elected to receive.
- To assist with the transfer of his/her medical records.
- To receive services from his/her PCP unless referred elsewhere by his/her PCP or otherwise permitted by Plan policy.
- To inform First Choice VIP Care if his/her address has changed, she is or becomes pregnant or any other changes that could affect his/her Medicaid eligibility or coverage under First Choice VIP Care.
- To cooperate with all First Choice VIP Care inquiries and surveys.

Members should consult their Evidence of Coverage for more information on their rights and responsibilities.

## Plan Privacy and Security Procedures

First Choice VIP Care complies with all Federal and State regulations regarding member privacy and data security, including the Health Insurance Portability and Accountability Act of 1996 (HIPAA) and the Standards for Privacy of Individually Identifiable Health Information as outlined in 45 CFR Parts 160 & 164. All member health and enrollment information is used, disseminated and stored according to First Choice VIP Care policies and guidelines to ensure its security, confidentiality and proper use. As a First Choice VIP Care provider, you are expected to be familiar with your responsibilities under HIPAA and to take all necessary actions to fully comply.

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# SECTION II PROVIDER AND NETWORK INFORMATION

# II. Provider and Network Information

This section provides information for establishing and maintaining network privileges and sets forth expectations and guidelines for primary care providers (PCPs), specialists and facility providers. Please note that, in general, the responsibilities and expectations outlined in this section pertain to all providers, including behavioral health providers. Additional information pertaining to behavioral health providers, including specific credentialing and re-credentialing **requirements, is also provided in the "Behavioral Health Care" section of this** *Provider Manual.* 

## **BECOMING A PLAN PROVIDER**

## First Choice VIP Care Medicare Provider Eligibility

Health care providers are selected to participate in the First Choice VIP Care network based on an assessment and determination of the network's needs. Providers must be enrolled with the Medicare program and contracted with the Plan in order to be credentialed with First Choice VIP Care.

## **Provider Credentialing and Re-Credentialing**

First Choice VIP Care is responsible for the credentialing and re-credentialing of the provider network. Additional information pertaining to behavioral health providers, including specific credentialing and re-credentialing requirements, **is provided in the "Behavioral Health Care"** section of this *Provider Manual*.

Hospital-based physicians are not required to be independently credentialed if those providers serve First Choice VIP Care members only through the hospital. All providers credentialed by First Choice VIP Care must also be enrolled with the Medicare program and, as such, must agree to comply with all pertinent Medicare regulations.

First Choice VIP Care maintains criteria and processes to credential and re-credential practitioners, including, but not limited to the following:

- Audiologists
- Certified Nurse Midwives (CNMs)
- Certified Registered Nurse Practitioners (CRNPs)
- Doctors of Chiropractic Medicine (DCs)
- Doctors of Osteopathic Medicine (DOs)
- Doctors of Podiatric Medicine (DPMs)
- Medical Doctors (MDs)
- Occupational Therapists
- Optometrists (ODs)
- Physical Therapists
- Physician Assistants
- Psychologists
- Speech and Language Therapists

First Choice VIP Care maintains criteria and processes to credential and re-credential facilities, including, but not limited to the following:

- Ancillary facilities
- Clinical laboratories (a CMS-issued CLIA certificate or a hospital-based exemption from CLIA)
- Comprehensive Outpatient Rehabilitation Facilities (CORFs)
- Federally Qualified Health Centers (FQHCs)
- Home health agencies/home health hospice
- Hospitals (acute care and acute rehabilitation)
- Imaging centers free-standing
- Nursing homes
- Portable X-ray suppliers
- Providers of ESRD services
- Providers of outpatient diabetes self-management training
- Rural Health Clinics (RHCs)
- Skilled nursing facilities, including facilities providing sub-acute services
- Sleep center/sleep lab free-standing
- Surgical centers free-standing

The criteria, verification methodology and processes used by First Choice VIP Care are designed to credential and re-credential practitioners and providers in a non-discriminatory manner, with no attention to race, ethnic/national identity, gender, age, sexual orientation, specialty or procedures performed.

First Choice VIP Care's credentialing/re-credentialing criteria and standards are consistent with the Centers for Medicare and Medicaid Services' specific requirements and National Committee for Quality Assurance (NCQA) standards. Practitioners and facility/organizational providers are required to be re-credentialed every three years.

First Choice VIP Care works with the Council for Affordable Quality Healthcare (CAQH) to offer providers a Universal Provider Data source that simplifies and streamlines the data collection process for credentialing and re-credentialing.

Through CAQH, providers submit credentialing information to a single repository, via a secure internet site, to fulfill the credentialing requirements of all health plans that participate with CAQH. First Choice VIP Care's goal is to have all providers enrolled with CAQH.

There is no charge to providers to submit applications and participate in CAQH. Providers may access these forms via First Choice VIP Care's website at www.firstchoicevipcare.com and submit to First Choice VIP Care as follows:

- 1. Register for CAQH if not already enrolled via the CAQH website at <u>https://proview.caqh.org/PR/Registration</u>.
- 2. Complete the CAQH application.

3. To initiate the credentialing process with First Choice VIP Care, send your CAQH ID number to First Choice VIP Care via an e-mail to your Provider Network Account Executive.

Providers who are not affiliated with CAQH or prefer a paper credentialing process may contact First Choice VIP Care's Provider Services department at 1-888-978-01511 or a Provider Network Account Executive for assistance.

## Credentialing/Re-Credentialing Criteria and Standards

First Choice VIP Care verifies credentialing and re-credentialing criteria for all professional providers that, at a minimum, meet all applicable federal requirements.

To that end, First Choice VIP Care's criteria include:

- 1. Current unrestricted medical licensure;
- 2. No revocation or suspension of the provider's state license by the applicable State licensing board;
- 3. Disclosure related to ownership and management (42 CFR 455.104), business transactions (42 CFR 455.105) and conviction of crimes (42 CFR 455.106);
- 4. Proof of the provider's medical school graduation, completion of residency and other postgraduate training. Evidence of board certification shall suffice in lieu of proof of medical school graduation, residency and other postgraduate training;
- 5. Evidence of specialty board certification, if applicable;
- 6. Evidence of the provider's professional liability insurance coverage and claims history;
- 7. Satisfactory review of any sanctions imposed on the provider by Medicare or Medicaid;
- 8. The provider's Medicare ID number and Medicaid ID number (or proof of Medicaid provider registration, if applicable).
- 9. The provider has not opted out of Medicare.

In addition, First Choice VIP Care's credentialing and re-credentialing processes include verification of the following additional requirements for physicians:

- 1. For primary care physicians and specialists privileges in good standing at the hospital designated by the PCP as the primary admitting facility; or, if the PCP does not have admitting privileges, privileges in good standing at the hospital for another provider with whom the PCP has entered into an arrangement for hospital coverage;
- 2. Valid Drug Enforcement Administration (DEA) certificate, where applicable.
- 3. Current State Controlled Substance Certificate (CDS).

As part of the application process First Choice VIP Care will: Request information on health care provider sanctions prior to making a credentialing or re-credentialing decision. Information from the National Practitioner Data Bank (NPDB), Federation of State Medical Board (FSMB), Medicheck (Medicaid exclusions), and HHS Office of the Inspector General (OIG) List of Excluded Individuals/Entities (LEIE), Federation of Chiropractic Licensing Boards (CIN-BAD), Excluded Parties List System (EPLS), System for Award Management (SAM), and relevant State sanction and licensure databases as applicable.

## **Initial Site Visit Review**

First Choice VIP Care's credentialing process includes provisions that new practitioners (and new practice locations) are required to meet minimal criteria for office settings and medical record keeping in order to be considered for inclusion in the provider network. These initial site visit requirements apply to practitioners joining previously surveyed locations, as well as the new practice locations of previously surveyed practitioners.

To address any areas of deficiency identified on the initial visit, First Choice VIP Care requires a corrective action plan be submitted to the Plan within one week of the visit. Re-survey of the site will occur within 30 days to ensure compliance has been met. Practitioners not meeting the minimal performance standard threshold of 85% will be reviewed by the First Choice VIP Care's Medical Director and Credentialing Committee for recommendation.

In addition to the initial site visit, all practice/site locations will receive a re-evaluation visit every five years.

# Site Visits Resulting from a Complaint and/or Ongoing Monitoring

#### Member Dissatisfaction Regarding Office Environment

- The Provider Network Management or the Credentialing Department may identify the need for a Site Visit due to receipt of a Member Dissatisfaction regarding the provider's office environment
- At the discretion of the Provider Network Management Representative a site visit to address the specific issue(s) raised by a member may occur. Follow-up site visits are conducted as necessary.
- These focused site visits, where a full site visit evaluation is not performed, do not count toward the three-year site visit requirements.

#### Communication of Results

- 1. The Provider Network Management Account Executive reviews the results of the Site Visit Evaluation Form (indicating all deficiencies) with the office contact person.
- 2. If the site meets and/or exceeds the passing score:
  - The Site Visit Evaluation Form is signed and dated by both First Choice VIP Care and the office contact person.
- 3. If the site does not receive a passing score, First Choice VIP Care follows the procedures outlined below to follow-up on identified deficiencies.

#### Follow-Up Procedure for Identified Deficiencies

- 1. The Provider Network Management Account Executive requests a corrective action plan from the office contact person. The corrective action plan must be submitted to First Choice VIP Care within one week of the visit.
- 2. The Provider Network Management Account Executive schedules a re-evaluation visit with the provider office, to occur within 30 days of the initial site visit to review the site and verify that the deficiencies were corrected.

- 3. Each follow-up contact and visit is documented in the provider's electronic file.
- 4. The Provider Network Management Account Executive reviews the corrective action plan with the office contact person.
- 5. The Provider Network Management Account Executive reviews the results of the followup Site Visit Evaluation Form (including a re-review of previous deficiencies) with the office contact person.
  - If the site meets and/or exceeds the passing score, the Site Visit Evaluation Form is signed and dated by both First Choice VIP Care and the office contact person.
  - If the site does not receive a passing score, the Provider Network Management Account Executive follows the procedures outlined below for follow-up for secondary deficiencies.

#### Follow-Up Procedure for Secondary Deficiencies

The Provider Network Management Account Executive will re-evaluate the site monthly, up to three times (from the first Site Visit date).

If after four (4) months, there is evidence the deficiency is not being corrected or completed, then the office receives a failing score unless there are extenuating circumstances.

Further decisions as to whether to pursue the Credentialing process or take action to terminate participation of a provider who continues to receive a failing Site Visit Evaluation score will be handled on a case by case basis by the First Choice VIP Care Medical Director and Credentialing Committee.

## **Re-Credentialing**

First Choice VIP Care re-credentials network practitioners at least every three years. All practitioners involved in the re-credentialing cycle are sent a Re-credentialing Notification Letter three to six months prior to the re-credentialing due date. The following information is needed in order to complete the re-credentialing process:

- Application Credentials Update Form or CAQH Universal Provider Data Source
- Practitioner CAQH reference number
- Office hours/service addresses
- Supporting Documents State professional license, Federal DEA registration, State Controlled Substance Certificate, Malpractice Face Sheet, and/or CLIA certificate (if applicable)

As with initial credentialing, all applications and attestation/release forms must be signed and dated no more than 90 days prior to the Credentialing Committee decision date. Additionally, all supporting documents must be current at the time of the decision date.

## **Facility Credentialing Criteria**

First Choice VIP Care's credentialing criteria for facilities include:

• An unrestricted and current license;

- Accreditation certificate from a recognized accrediting body;
- Satisfactory CMS site visit report, for non-accredited facilities;
- Successful outcome of a quality site visit (for facilities that are not accredited and have not had a CMS site visit);
- Evidence of eligibility with state and federal regulatory bodies, including Medicare; and
- A copy of the current malpractice face sheet.

First Choice VIP Care performs initial site evaluations on facility providers who are not accredited and do not have a CMS site survey. For those providers who are either accredited or have had a CMS site survey, a copy of the accreditation or site survey must be submitted with the initial credentialing documentation. Additional site visits for accredited facility providers may be performed at First Choice VIP Care's discretion.

## **Practitioner Credentialing Rights**

During the review of the credentialing application, applicants are entitled to certain rights as listed below. Every applicant has the right to:

- Review information obtained through primary source verification for credentialing purposes. This includes information from malpractice insurance carriers and state licensing boards. This does not include information collected from references, recommendations and other peer-review protected information.
- Be notified if any credentialing information is received that varies substantially from application information submitted by the practitioner. As examples, practitioners will be notified of the following types of variances: actions on license, malpractice claim history, suspension or termination of hospital privileges, or board certification decisions; however, variances in information obtained from references, recommendations or other peer-review protected information are not subject to this notification. Practitioners have the right to correct erroneous information if the credentialing information received varies substantially from the information that was submitted on his/her application.
- Know the status of his/her application if the application is current and complete, the applicant can be informed of the tentative date that his/her application will be presented to the Credentialing Committee for approval.

Questions regarding the status of a credentialing application may be directed to the First Choice VIP Care Credentialing Department at First Choice VIP Care, Attn: Credentialing Department, 200 Stevens Drive, Philadelphia, PA 19113 or contacting the Provider Network Account Executive.

First Choice VIP Care's Quality Assessment and Performance Improvement Program (QAPI) provides oversight of the Credentialing Program. For more information on the QAPI, refer to the Quality Program section of this *Provider Manual*.

## **Standards for Participation**

By agreeing to provide services to First Choice VIP Care members, providers must:

- Be a Medicare-enrolled physician and comply with all pertinent Medicaid and Medicare regulations.
- Treat First Choice VIP Care members in the same manner as other patients.
- Provide covered services to all First Choice VIP Care members who select or are referred to you as a provider.
- Provide covered services without regard to religion, gender, sexual orientation, race, color, age, national origin, creed, ancestry, political affiliation, personal appearance, health status, pre-existing condition, ethnicity, mental or physical disability, participation in any governmental program, source of payment, or marital status. All providers must comply with the requirements of the Americans with Disabilities Act (ADA) and Section 504 of the Rehabilitation Act of 1974.
- •
- Not segregate members from other patients (applies to services, supplies, and equipment).
- Refrain from billing members for covered services, including any amounts in dispute with First Choice VIP Care.
- Not refuse to provide services to members due to a delay in eligibility updates.

## Access to Care

First Choice VIP Care providers must meet standard guidelines as outlined in this Provider Manual to help ensure that First Choice VIP Care members have timely access to care.

First Choice VIP Care endorses and promotes comprehensive and consistent access standards for members to assure member accessibility to health care services. First Choice VIP Care has established mechanisms for measuring compliance with existing standards and identifies opportunities for the implementation of interventions for improving accessibility to health care services for members.

The following areas are monitored by First Choice VIP Care to **ensure physicians' access** standards are continually met:

## **Office Accessibility**

PCP office hours must be clearly posted and reviewed with members during the initial office visit.

The PCP is required to arrange for coverage of primary care services during absences due to vacation, illness or other situations that render the PCP unable to provide services. A Medicare eligible PCP must provide the coverage to First Choice VIP Care members.

## **Appointment Scheduling**

Timely Access Standards for appointment availability for PCPs and Specialists:

Provider Type Appointment Type Availability Standard	Provider Type Appointment Type Ava	ailability Standard
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Primary Care Physician	Emergency Care	Twenty-four (24) hours per day,
(PCP)		seven (7) days per week
	Urgent, Symptomatic	Forty-eight (48) hours
	Care	
	Non-Urgent,	Ten (10) calendar days
	Symptomatic Care	
	Non-Symptomatic (Well	Four (4) to six (6) weeks
	or Preventive) Care	
	Medical Follow-Up to	Within seven (7) calendar days of
	Inpatient Care	discharge
High-Volume Specialists	Routine	Thirty (30) calendar days
(Cardiologist, Oncologist,		
Ophthalmologists,		
Orthopedic Surgeons,		
General Surgeons,		
Gastroenterologists,		
Pulmonologists,		
Otolaryngologists		
and Specialists in Physical		
Medicine and		
Rehabilitation)		

Emergency services must be provided immediately upon presentation.

#### Missed Appointment Tracking

If a member misses an appointment with a provider, the provider should document the missed **appointment in the member's medical record.** Providers should make at least three documented attempts to contact the member and determine the reason for the missed appointment. The medical record should reflect any reasons for delays in providing medical care as a result of missed appointments, and should also include any refusals by the member. The provider should alert the **member's** Care Coordinator for follow up.

#### After-Hours Accessibility

First Choice VIP Care members must have access to quality, comprehensive health care services 24 hours a day, seven days a week. PCPs must have either an answering machine or an answering service for members during after-hours for non-emergent issues. The answering service must forward calls to the PCP or on-call provider, or instruct the member that the provider will contact the member within thirty (30) minutes. When an answering machine is used after hours, the answering machine must provide the member with a process for reaching a provider after hours. The after-hours coverage must be accessible using the medical office's daytime telephone number.

For emergent issues, both the answering service and answering machine must direct the member to call 911 or go to the nearest emergency room. First Choice VIP Care will monitor access to after-hours care on an annual basis by conducting a survey of PCP offices after normal business hours.

#### Monitoring Appointment Access and After-Hours Access

First Choice VIP Care monitors appointment waiting times using various mechanisms, including:

- Reviewing provider records during site reviews.
- Monitoring administrative complaints and grievances.
- Conducting an annual *Access to Care* survey to assess member access to daytime appointments and after-hours care.
- Performing after-hour calls to verify coverage availability.

Non-compliant providers will be subject to corrective action and/or termination from the network as follows:

- A non-compliance letter will be sent to the provider.
- The non-compliant provider will be re-surveyed within three to six months after the infraction.

## Panel Capacity/Not Accepting New Patients Notification

When members choose a provider as their PCP, they are assigned to the provider's panel of members. The panel remains open unless the following occurs:

- The PCP is under sanction;
- First Choice VIP Care approves a PCP request to voluntarily close his/her panel; or,
- The panel is closed by First Choice VIP Care due to member access issues.

All First Choice VIP Care providers who wish to close their panel or no longer accept new patients must provide a 90 day written notice to First Choice VIP Care. The notice should include the date the provider would like their panel closed or to no longer accept new patients and the reasons why the provider would like to close their panel or no longer accept new patients. Providers may not close their panel only to First Choice VIP Care members, or no longer accept only First Choice VIP Care members.

First Choice VIP Care will be providing each PCP a monthly member roster by paper or electronically via the online Provider Portal.

## **PRACTITIONER & PROVIDER RESPONSIBILITIES**

## **Responsibilities of All Providers**

First Choice VIP Care is regulated by federal law. Providers who participate in First Choice VIP Care have responsibilities, including but not limited to:

- Being a Medicare enrolled provider and agreeing to comply with all pertinent Medicare regulations, including all responsibilities set forth as follows:
  - Be Compliant with all applicable Federal, State, and local laws and regulations.

- Treat First Choice VIP Care members in the same manner as other patients.
- Communicate with agencies including, but not limited to local public health agencies for the purpose of participating in immunization registries and programs (e.g., communications regarding management of infectious or reportable diseases, special education programs, early intervention programs, etc.).
- Comply with all disease notification laws for the State of South Carolina.
- As appropriate, work cooperatively with specialists, consultative services and other facilitated care situations for special needs members such as accommodations for the deaf and hearing impaired, experience-sensitive conditions such as HIV/AIDs, self-referrals for women's health services, family planning services, etc.
- Not refuse an assignment, provide services, or transfer a member or otherwise discriminate against a member solely on the basis of religion, gender, sexual orientation, race, color, age, national origin, creed, ancestry, political affiliation, personal appearance, health status, pre-existing condition, ethnicity, mental or physical disability, genetic information, participation in governmental program (Medicaid), source of payment, marital status, or type of illness or condition, except when that illness or condition can be better treated by another provider type.
- Ensure that ADA requirements are met, including utilizing appropriate **technologies in the daily operations of the physician's office, e.g.,** TTY: 711 and language services, to accommodate the member's special needs.
- Provide information to First Choice VIP Care and/or CMS as required.
- Inform members about all treatment options, regardless of cost or whether such services are covered by the Medicare Program or First Choice VIP Care.
- Abide by and cooperate with the policies, rules, procedures, programs, activities and guidelines contained in your Provider Agreement (to which this *Provider Manual* and any revisions or updates are incorporated by reference).
- Accept First Choice VIP Care payment, plus any applicable member copayment, or third party resources as payment-in-full for covered services.
- Comply fully with First Choice VIP Care's QAPI, Utilization Management, Integrated Care Management, Credentialing and Audit programs.
- Comply with all applicable training requirements, including Medicare Compliance training, Model of Care, and Fraud, Waste, and Abuse training.
- Promptly notify First Choice VIP Care of claims processing payment or encounter data reporting errors.
- Maintain all records required by law regarding services rendered for the applicable period of time, making such records and other information available to First Choice VIP Care or any appropriate government entity.
- Treat and handle all individually identifiable health information as confidential in accordance with all applicable laws and regulations, including HIPAA and HITECH requirements.
- Immediately notify First Choice VIP Care of adverse actions against license or accreditation status.
- Comply with all applicable federal, state, and local laws and regulations.

- Maintain liability insurance in the amount required by the terms of the Provider Agreement.
- Notify First Choice VIP Care of the intent to terminate the Provider Agreement as a participating provider within the timeframe specified in the Provider Agreement.
- Verify member eligibility immediately prior to rendering services.
- Obtain all required signed consents prior to rendering services.
- Obtain prior authorization and provide referrals for applicable services.
- Maintain hospital privileges when hospital privileges are required for the delivery of the covered service.
- Maintain all medical and Medicare-related member records and communications for a period of ten(10) years and in accordance with legal, regulatory and contractual rules of confidentiality and privacy.
- Provide prompt access to records for review, survey or study if needed.
- Report known or suspected child, elder or domestic abuse to local authorities and have established procedures for these cases.
- Inform member(s) of the availability of First Choice VIP Care's interpretive services and encourage their use.
- Notify First Choice VIP Care of any changes in business ownership, business location, legal or government action, or any other situation affecting or impairing the ability to carry out duties and obligations under the First Choice VIP Care Network Provider Agreement.
- Maintain oversight of non-physician practitioners as mandated by state and federal law.

## Primary Care Provider (PCP) Responsibilities

A Primary Care Provider (PCP) serves as the member's personal practitioner and is responsible for coordinating and managing the medical needs of a panel of First Choice VIP Care members. Practitioners in the following specialties may serve as Plan PCPs:

- Advanced Practice Registered Nurse (APRN)
- Family Practice
- General Practice
- Geriatrics
- Internal Medicine
- Naturopathic Physician
- Nurse Practitioner
- Osteopath
- Physician's Assistant

Additionally, clinics, Federally Qualified Health Centers may also serve as PCPs.

A PCP is responsible to First Choice VIP Care and its members for diagnostic services, care planning and Treatment Plan development. The PCP is expected to work with First Choice VIP Care to monitor the planning and provision of treatment.

In addition, the PCP is responsible for:

- Providing covered services to all .First Choice VIP Care members assigned to the PCP, and comply with all requirements for referral management and prior-authorization.
- Providing the First Choice VIP Care member with a medical home including, when medically necessary, coordinating appropriate referrals to services that typically extend beyond those services provided by the PCP, including but not limited to specialty services, emergency room services, hospital services, nursing services, mental health/substance abuse (MH/SA), ancillary services, public health services and other community based agency services.
- Providing continuous access to PCP services and necessary referrals of urgent or emergent nature available 24 hours, seven days per week.
- Managing and coordinating the medical care of a member with a participating specialist(s), and/or behavioral health provider.
- Early identification of all members with special health care needs and notification to the First Choice VIP Care Integrated Care Management team regarding any such identification as soon as possible.
- Collaboration with First Choice VIP Care's Integrated Care Management programs to facilitate member care.
- Documentation of all diagnoses and care rendered in a complete and accurate manner including maintaining a current medical record for Plan members that meets First Choice VIP Care's Medical Record Documentation Requirements.
- Providing follow-up services for members who have been seen in the Emergency Department.
- Promptly and accurately reporting all member encounters to First Choice VIP Care.
- Releasing medical record information upon written consent or request of the member.
- Providing preventive healthcare to members according to established preventive health care guidelines.
- Advising First Choice VIP Care's Care Management team at 1-888-978-0151 if outreach assistance is needed when a member does not keep an appointment and/or when a member cannot be reached during an outreach effort.
  - Requesting transfer of the member to another PCP only for the reasons identified in the state regulation and continue to be responsible for the member as a patient until another PCP is chosen or assigned.
  - Providing accurate information to First Choice VIP Care in a timely manner so that PCP information can be exchanged with CMS via the Provider Network File.

## **Specialist Responsibilities**

A First Choice VIP Care specialist is responsible for:

- Providing specialty care as indicated by a referral.
- Verifying a member's eligibility prior to the provision of services.
- Reporting clinical findings to the referring PCP.
- Ordering the appropriate diagnostic tests (radiology, laboratory) related to the treatment of the member, as requested by the referring practitioner via the referral.

- Documenting all care rendered in a complete and accurate manner including maintaining a current medical record for Plan members that meets First Choice VIP Care's Medical Record Documentation Requirements, as described in the "Quality Assurance and Performance Improvement Program" section of this *Provider Manual*.
- Refraining from referring members to other specialists without the intervention of the **member's PCP**.

## **Provider Directory Data Responsibilities**

As a Dual Special Needs Plan, First Choice VIP Care is required to ensure the accuracy of the required provider directory data. If there have been any changes to the provider's office, such as an address, phone number, or the termination of a provider, notification must be made to the plan by one of the following ways:

- Contacting the Provider Network Account Executive.
- Calling Provider Services at 1-888-978-0151.

## **COMPLIANCE RESPONSIBILITIES**

First Choice VIP Care providers are required to comply with all Plan policies and with all relevant legal or regulatory standards, as set by outside legal or regulatory authorities. Although not an exclusive list, the primary areas of compliance with policies and regulations for Plan providers are:

- Americans with Disabilities Act (ADA) / Rehabilitation Act
- Health Insurance Portability and Accountability Act (HIPAA)
- Fraud, Waste & Abuse (FWA)
- False Claims Act
- Advance Directives
- CMS Marketing Activities Guidelines

## The Americans with Disabilities Act and the Rehabilitation Act

Section 504 of the Rehabilitation Act of 1973 ("Rehab Act") and Title III of the Americans with Disabilities Act of 1990 (ADA) prohibit discrimination against individuals with disabilities and require First Choice VIP Care's providers to make their services and facilities accessible to all individuals. First Choice VIP Care expects its network providers to be familiar with the requirements of the Rehabilitation Act and the ADA and to fully comply with the requirements of these statutes.

## Health Insurance Portability and Accountability Act (HIPAA)

First Choice VIP Care is committed to strict adherence with the privacy and security provisions of the Health Insurance Portability and Accountability Act (HIPAA) and expects its practitioners and providers to be familiar with their HIPAA responsibilities and to take all necessary actions to fully comply. Any member record containing clinical, social, financial, or any other data on a member should be treated as strictly confidential and be protected from loss, tampering, alteration, destruction, and unauthorized or inadvertent disclosure.

## Fraud, Waste and Abuse (FWA)

First Choice VIP Care has a designated Medicare Compliance Officer who carries out the provisions of First Choice VIP Care's compliance plan, which includes First Choice VIP Care's fraud, waste and abuse (FWA) programs. Designed in accordance with Federal rules and regulations, First Choice VIP Care's compliance program is aimed at preventing and detecting activities that constitute FWA. The program includes FWA policies and procedures, investigation of unusual incidents and implementation of corrective action. First Choice VIP Care has provider reference materials that are available by contacting the Provider Services department. The materials include information regarding:

#### Fraud

**"Fraud" is an intentional deception or misrepresentation made by a person with the knowledge** that the deception results in unauthorized benefit to that person or another person. The term includes any act that constitutes fraud under applicable federal or state law. As applied to the federal health care programs (including the Medicare and Medicaid programs), health care **fraud generally involves a person or entity's intentional use of f**alse statements or fraudulent schemes (such as kickbacks) to obtain payment for, or to cause another to obtain payment for, items or services payable under a federal health care program. Some examples of fraud include:

- Billing for services not furnished;
- Submitting false information to obtain authorization to furnish services or items to Medicare recipients;
- Soliciting, offering or receiving a kickback, bribe or rebate; and/or,
- Violations of the physician self-referral prohibition.

#### Waste

"Waste" means to use or expend carelessly, extravagantly, or to no purpose.

#### Abuse

"Abuse" is defined as provider practices that are inconsistent with generally accepted business or medical practice and that result in an unnecessary cost to Medicare programs or in reimbursement for goods or services that are not medically necessary or that fail to meet professionally recognized standards for health care; or recipient practices that result in unnecessary cost to Medicare programs. In general, program abuse, which may be intentional or unintentional, directly or indirectly results in unnecessary or increased costs to Medicare programs. Some examples of abuse include:

- Charging in excess for services or supplies;
- Providing, referring, or prescribing medically unnecessary services or items;
- Providing services that do not meet professionally recognized standards.

## False Claims Act

The Federal False Claims Act (FCA) is a Federal law that applies to fraud involving any contract or program that is federally funded, including Medicare. It prohibits knowingly presenting (or causing to be presented) a false or fraudulent claim to the federal government or its contactors, including Medicare Advantage plans, for payment or approval. The FCA also prohibits knowingly making or using (or causing to be made or used) a false record or statement to get a false or fraudulent claim paid or approved. Health care entities that violate the Federal FCA can be subject to imprisonment and civil monetary penalties ranging from \$5,000 to \$11,000 for each false claim submitted to the United States government or its contactors, including Medicare Advantage plans, as well as possible exclusion from Federal Government health care programs.

The Federal FCA contains a "qui tam" or whistleblower provision to encourage individuals to report misconduct involving false claims. The qui tam provision allows any person with actual knowledge of allegedly false claims submitted to the government to file a lawsuit on behalf of the U.S. Government. The FCA protects individuals who report under the qui tam provisions from retaliation that results from filing an action under the Act, investigating a false claim, or providing testimony for or assistance in a Federal FCA action.

The Fraud Enforcement and Recovery Act of 2009 (FERA) was passed by Congress to enhance the criminal enforcement of federal fraud laws, including the False Claims Act (FCA). Penalties for violations of FERA are comparable to penalties for violation of the FCA. FERA does the following:

- Expands potential liability under the FCA for government contractors like First Choice VIP Care.
- Expands the definition of false/fraudulent claim to include claims presented not only to the government itself, but also to a government contractor like First Choice VIP Care.
- Expands the definition of false record to include any record that is material to a false/fraudulent claim.
- Expands whistleblower protections to include contractors and agents who claim they were retaliated against for reporting potential fraud violations.

## **Reporting and Preventing FWA**

First Choice VIP Care receives Federal funding for payment of services provided to our members. In accepting claims payment from First Choice VIP Care, providers are receiving Federal program funds, and are therefore subject to all applicable Federal laws and regulations relating to this program. Violations of these laws and regulations may be considered fraud or abuse against the medical assistance program. Compliance with Federal laws and regulations is a priority of First Choice VIP Care.

If you, or any entity with which you contract to provide health care services on behalf of First Choice VIP Care beneficiaries, become concerned about or identifies potential fraud, waste or abuse, please contact First Choice VIP Care by:

• Calling the toll-free Fraud Waste and Abuse Hotline at 1-866-833-9718;

• Mailing a written statement to Corporate and Financial Investigations, First Choice VIP Care, 200 Stevens Drive, Philadelphia, PA, 19113;

Below are examples of information that will assist First Choice VIP Care with an investigation:

- Contact Information (e.g. name of individual making the allegation, address, telephone number)
- Name and Identification Number of the Suspected Individual
- Source of the Complaint (including the type of item or service involved in the allegation)
- Approximate Dollars Involved (if known)
- Place of Service
- Description of the Alleged Fraudulent or Abuse Activities
- Timeframe of the Allegation(s)

First Choice VIP Care cooperates in fraud and abuse investigations conducted by State of South Carolina and/or Federal agencies, including but not limited to the Health Connections Medicaid Fraud Control Unit, the Federal Bureau of Investigation, the Drug Enforcement Administration, the Health and Human Services Office of Inspector General, as well as the First Choice VIP Care may make referrals to appropriate law enforcement, CMS Program Integrity Contractors and/or the Healthy Connections Medicaid Fraud Control Unit.

Additionally you may report potential Medicare FWA to the Inspector General: 1-800-HHS-TIPS (1-800-447-8477) or report suspected Medicaid FWA by contacting:

Healthy Connections Medicaid FWA by contacting: Attorney General's Healthy Connections Medicaid Fraud Unit at: 1-803-734-3660 or call toll free: 1-888-NO-CHEAT (1-888-662-4328).

## **Reporting Abuse, Neglect and Exploitation**

All First Choice VIP Care providers are required to identify, prevent and report abuse, neglect and exploitations of enrollees in compliance with the Omnibus Adult Protection Act. As soon as a provider suspects that abuse is occurring, they are required to call the South Carolina Adult Protective Services. South Carolina provides a 24/7 toll free hotline in each county of South Carolina. Providers may find their specific counties number at the South Carolina Department of Social Services Website

at: https://dss.sc.gov/content/customers/protection/aps/index.aspx Providers are also required to alert the First Choice VIP Care Case Manager within 24 hours of making a report to South Carolina Adult Protective Services.

## **Advance Directives**

All First Choice VIP Care providers are expected to discuss and offer to assist with facilitation of advance directives for individuals in compliance with 42 C.F.R 489.100. The Advance Directive is a written instruction, such as a living will or durable power of attorney for health care, recognized under state law, relating to providing health care when an individual is incapacitated. If a member is an adult (18 years of age or older), he/she has the right under Federal law to decide what medical care that he/she wants to receive, if in the future the member is unable to make his/her wishes known about medical treatment. The member has the

right to choose a person to act on his or her behalf to make health care decisions for them, if the members cannot make the decision for themselves.

In addition, First Choice VIP Care providers should maintain written policies and procedures concerning advance directives with respect to all adults receiving care. The information regarding advanced directives must be furnished by providers and/or organizations as required by Federal regulations:

- Hospital At the time of the individual's admission as an inpatient.
- Skilled Nursing Facility At the time of the individual's admission as a resident.
- Home Health Agency In advance of the individual coming under the care of the agency. The home health agency may furnish information about advance directives to a patient at the time of the first home visit, as long as the information is furnished before care is provided.
- Personal Care Services In advance of the individual coming under the care of the personal care services provider. The personal care provider may furnish advance directives information to a patient at the time of the first home visit, as long as the information is furnished before care is provided.
- Hospice Program At the time of initial receipt of hospice care by the individual from the program.

Additionally, providers and/or organizations are not required to:

- Provide care that conflicts with an advance directive.
- Implement an advance directive if, as a matter of conscience, the provider cannot implement an advance directive; state law allows any health care provider or any agent of such provider to conscientiously object.

## **Provider Marketing Activities and Compliance**

CMS is concerned with provider marketing activities for the following reasons:

- Providers may not be fully aware of all First Choice VIP Care benefits and costs.
- Providers may confuse the member if the provider is perceived as acting as an agent of the plan versus acting as the member's provider.
- Providers may face conflicting incentives when acting as a plan sponsor representative.

To the extent that providers can assist a member in an objective assessment of his/her needs and potential options to meet those needs, they may do so. Providers may engage in discussions with a member should the member seek **the provider's** advice.

As a contracted provider, you are permitted to share the following with First Choice VIP Care members and prospective members:

- Provide the names of Medicare Advantage plans with which they contract and/or participate.
- Provide information and assistance in applying for the Low Income Subsidy (LIS).
- Make available and/or distribute First Choice VIP Care marketing materials.
- Refer their patients to other sources of information, such as State Health Insurance Program (SHIP), plan marketing representatives, their State Medicaid Office, local Social Security Office, CMS' website at <a href="http://www.medicare.gov/">http://www.medicare.gov/</a> or 1-800-MEDICARE.

• Share information with patients from CMS' website, including the "Medicare and You" Manual or "Medicare Options Compare" (from <a href="http://www.medicare.gov">http://www.medicare.gov</a>), or other documents that were written by or previously approved by CMS.

However, providers must remain neutral when assisting with enrollment decisions and may NOT:

- Offer sales/appointment forms.
- Accept Medicare enrollment applications.
- Make phone calls or direct, urge or attempt to persuade members to enroll in a specific plan based on financial or any other interests of the provider.
- Mail marketing materials on behalf of plan sponsors.
- Offer anything of value to induce plan enrollees to select them as their provider.
- Offer inducements to persuade members to enroll in a particular plan or organization.
- Conduct health screenings as a marketing activity.
- Accept compensation directly or indirectly from First Choice VIP Care for member enrollment activities.
- Distribute materials/applications within an exam room setting.

#### Acceptable Marketing Practices

Providers are permitted to:

- Provide the names of First Choice VIP Care sponsors with which they contract and/or participate.
- Provide information and assistance in applying for the Low Income Subsidy (LIS).
- Make available and/or distribute First Choice VIP Care marketing materials.
- Refer their patients to other sources of information, such as State Health Insurance Program (SHIP), plan marketing representatives, their State Medicaid Office, local Social Security Office, CMS' website at <u>http://www.medicare.gov/</u> or 1-800-MEDICARE.
- Share information with patients from CMS' website, including the "Medicare and You" Handbook or "Medicare Options Compare" (from <a href="http://www.medicare.gov">http://www.medicare.gov</a>), or other documents that were written by or previously approved by CMS.

#### **Provider Affiliation Information**

Providers may announce new or continuing affiliations with First Choice VIP Care through general advertising, (e.g., radio, television, websites). New affiliation announcements are for those providers that have entered into a new contractual relationship with First Choice VIP Care.

Providers may make new affiliation announcements within the first 30 days of the new contract. An announcement to patients of a new affiliation which names only First Choice VIP Care may occur only once when such announcement is conveyed through direct mail, e-mail, or phone. Additional direct mail and/or e-mail communications from providers to their patients regarding affiliations must include a list of all plans with which the provider contracts.

First Choice VIP Care's Compliance department will secure CMS approval on any provider affiliation communication materials that describe First Choice VIP Care in any way, (e.g., benefits, formularies).

Materials that indicate the provider has an affiliation with First Choice VIP Care and other plan sponsors and that only list plan names and/or contact information do not require CMS approval.

# **Provider Support and Accountability**

## **Provider Network Management**

First Choice VIP Care's Provider Network Management Account Executives function as a provider relations team to advise and educate First Choice VIP Care providers, and can help providers to become familiar with policies, processes and First Choice VIP Care initiatives. Providers will be contacted by First Choice VIP Care representatives to conduct meetings that address topics including, but not limited to:

- Contract Terms
- Credentialing or Re-credentialing Site Visits
- Health Management Programs
- Marketing Compliance
- The Plan's Model of Care
- Orientation, Education and Training
- Program Updates and Changes
- Provider Complaints
- Provider Responsibilities
- Quality Enhancements
- Self-Service Tools

### **New Provider Orientation**

Upon completion of First Choice VIP Care's contracting and credentialing processes, the provider is sent a welcome letter, which includes the effective date and the Account Executive's contact information. The welcome letter refers all First Choice VIP Care providers to online resources, including First Choice VIP Care Provider Orientation Training information and this *Provider Manual*. The *Provider Manual* serves as a source of information regarding First Choice VIP Care's covered services, policies and procedures, selected statutes and regulations, telephone access and special requirements intended to assist the provider to comply with all provider contract requirements. The welcome letter explains how a hard copy of the *Provider Manual* may be obtained by contacting the Provider Network Management Department.

## **Ongoing Training and Education**

First Choice VIP Care's training and development are fundamental components of continuous quality and superior service. First Choice VIP Care offers ongoing educational opportunities for providers and their staff. First Choice VIP Care has a commitment to provide appropriate training and education to help providers achieve compliance with First Choice VIP Care standards, as well as federal and state regulations. This training may occur in the form of an onsite visit or in an electronic format, such as online training sessions or interactive training sessions. Detailed training information is available in the "Provider" section of our website at www.firstchoicevipcare.com. Plan providers also have access to the Provider Services Department at 1-888-978-0151and your Provider Network Account Executive for questions.

Ongoing training and education is conducted throughout the calendar year; or by an ad hoc request from the provider.

- Training is available to all providers, including PCPs, and topics include, but are not limited to:
  - a. Overview of the First Choice VIP Care plan;
  - b. Provider Manual review and updates;
  - c. Eligibility Requirements;
  - d. Benefits;
  - e. Claims Filing and Encounter Data Reporting;
  - f. Electronic Funds Transfer and Electronic Remittance Advice
  - g. Access and availability standards;
  - h. Model of Care and working with a Multidisciplinary Team;
  - i. Availability of educational products that will assist providers in educating First Choice VIP Care enrollees on preventive care, disease specific education, plan benefits, and self-directed care;
  - j. Policies and procedures;
  - k. Fraud, waste, and abuse policies and procedures;
  - I. Continuous Quality Improvement program and plan;

- m. Prior Authorization requirements;
- n. Appeals and Grievance Process;
- o. Improper Billing Guidance;
- p. Disability and Cultural Competency;
- q. Additional topics of interest, such as Health Risk Adjustment, Advance Directives, etc.

## **Annual Model of Care Training**

The Model of Care (MOC), described more fully in Section IV, is a high quality, patient-centric medical care delivery system for dual eligible Medicare-Medicaid members and is designed to **maintain the member's health and encourage their involvement in their health care.** As a Dual Special Needs Plan, First Choice VIP Care is required by the Centers for Medicare and Medicaid Services (CMS) to provide initial and annual training of its MOC and requires providers who care for our beneficiaries to annually participate in and attest to completing our MOC training. Annual MOC training is also a First Choice VIP Care contractual requirement for all participating providers.

This required training can be accessed in any of the following ways:

- An online interactive Model of Care training module on our website, www.firstchoicevipcare.com, under the Provider Training and Education link.
- In person from a First Choice VIP Care Account Executive or training seminar.
- Review faxed MOC training materials.
- Request electronic or printed MOC training materials from the First Choice VIP Care Account Executive.

The MOC may be revised from time to time, based on performance improvement activities. More information regarding the Model of Care is also provided in section four of this *Provider Manual*.

## **Annual Fraud Waste and Abuse Training**

As required by CMS, First Choice VIP Care providers and their staff are required to complete CMS-approved fraud, waste and abuse training on an annual basis. First Choice VIP Care recognizes training that providers complete to fulfill compliance requirements for traditional Medicare. If a First Choice VIP Care provider needs assistance in accessing this training, the provider may call Provider Services or contact the Account Executive.

## **Provider Specific Ongoing Training**

First Choice VIP Care Account Executives will perform routine site visits to answer questions and assist with any issues or concerns the provider may encounter.

Additional provider site visits will occur at the request of the provider or upon the identification of a specific issue by First Choice VIP Care for example:

- Outcome of a site visit;
- Complaints and/or Grievances;
- Claim denials;
- Prior Authorizations Issues;
- Credentialing;
- New programs or processes;
- Review of trend data: and/or
- Additional training needs.

### **Plan-to-Provider Communications**

Providers will receive or have access to regular communications from First Choice VIP Care including, but not limited to the following:

- Provider Manual;
- Provider Newsletters;
- Website Updates and Information;
- Provider Letters and Announcements;
- Surveys;
- Faxes;
- E-mails; and/or
- Miscellaneous Other Materials.

### **Provider Complaint System**

#### Complaints

First Choice VIP Care providers may file a complaint about First Choice VIP Care's policies, procedures, or any aspects of First Choice VIP Care administrative functions. First Choice VIP Care will thoroughly investigate each provider complaint using applicable statutory, regulatory, contractual and provider contract provisions. All pertinent facts will be investigated and considered. First Choice VIP Care's policies and procedures will also be considered.

Providers may call Provider Services at 1-888-978-0151 or their Account Executive to notify First Choice VIP Care of a complaint.

### **Provider Contract Terminations**

First Choice VIP Care Provider Agreements specify termination provisions that comply with CMS requirements. Provider terminations are categorized as follows:

- Provider Initiated;
- Plan Initiated "For Cause";
- Plan Initiated "Without Cause"; or
- Mutual.

Aside from those requirements identified in the Provider Agreement, First Choice VIP Care will comply with the following guidelines, based on category of termination.

### **Provider Initiated**

- The provider must provide written notice to First Choice VIP Care if intending to terminate from the First Choice VIP Care Network. For single practitioners, written notice must be provided at least sixty (60) days before the termination date. Group practices must provide written notice at least ninety (90) days before the termination date. Under either circumstance, written notice must be delivered in accordance with the method(s) specified in your Network Provider Agreement, and the termination letter must reflect the signature of an individual authorized to make the decision to terminate the agreement.
- If the provider is a PCP, First Choice VIP Care will send a written notification to the members who have chosen the provider as their PCP no less than fifteen (15) calendar days after receipt of the termination notice.
- If a First Choice VIP Care Medicare member is in a prior authorized, on-going course of treatment with a provider who becomes unavailable to continue to provide services, First Choice VIP Care will notify the member in writing within ten (10) calendar days from the date First Choice VIP Care becomes aware of the unavailability.

### First Choice VIP Care Initiated "For Cause"

First Choice VIP Care may initiate termination of a Provider Agreement if the provider breaches the First Choice VIP Care **Network Provider Agreement. A "for cause" termination may also be implemented when there is an immediate need to terminate a provider's contract. If** terminating a Provider Agreement for cause, First Choice VIP Care will:

- Send applicable termination letters in accordance with the notification provisions of the Network Provider Agreement;
- Notify provider, CMS and the member immediately in cases where a First Choice VIP Care **member's** health is subject to imminent danger or a physician's ability to practice medicine is effectively impaired by an action of the State Board of Medicine or other governmental agency;
- Offer appeal rights for physicians as applicable.

#### First Choice VIP Care Initiated "Without Cause"

First Choice VIP Care **may terminate a Provider Agreement "without cause" for various reasons** (e.g., provider relocation or dissolution of a medical practice). If this occurs, First Choice VIP Care will:

- Send applicable termination letters in accordance with the notification provisions of the Network Provider Agreement;
- Notify First Choice VIP Care Network provider and members in active care at least sixty (60) calendar days before the effective date of the termination;
- Offer Coordination of Care to transition members to new providers.

### **Mutual Terminations**

A Mutual Termination is a termination of a Provider Agreement(s) in which the effective date is agreed upon by both parties. The termination date may be other than the required days' notice specific to the First Choice VIP Care Network's Provider Agreement language.

- All mutual termination letters require signatures by both parties.
- Regarding mutual terminations of any First Choice VIP Care Network Provider Agreement, the termination date should provide a minimum number of required days in order to provide notice to members and effectuate continuity of care. A mutual agreement termination date should not be a retroactive date.
- First Choice VIP Care will notify all members in active care at least sixty (60) calendar days before the effective date of the termination.

# **Continuity of Care**

Plan members who are in active treatment at the time a Provider Agreement terminates will be allowed to continue care with a terminated treating provider through the earlier of:

- Completion of treatment for a condition for which the member was receiving care at the time of the termination; or
- Until the member changes to a new provider.

Note: None of the above may exceed six months after the termination of the Provider Agreement.

First Choice VIP Care will allow pregnant members who have initiated a course of prenatal care, regardless of the trimester in which care was initiated, to continue care with a terminated treating provider through the completion of postpartum care.

Notwithstanding the provisions in this section, a terminated provider may refuse to continue to provide care to a member who is abusive or noncompliant.

For continued care, First Choice VIP Care and the terminated provider will continue to abide by the same terms and conditions as outlined in the Network Provider Agreement and in the Quality Assurance and Performance Improvement (QAPI) section of this *Provider Manual*. These provisions for continuity of care set forth above will not apply to providers who have been terminated from First Choice VIP Care for cause.

Provider Manual

# SECTION III PROVISION OF SERVICES

# **III.** Provision of Services

First Choice VIP Care offers a Medicare Advantage Dual Special Needs Plan that provides the **member's** Medicare benefits.

No content found in this publication or in the First Choice VIP Care's participating Provider Agreement is intended to prohibit or otherwise restrict a provider from acting within the lawful scope of his or her practice, or to encourage providers to restrict medically-necessary covered services or to limit clinical dialogue with patients. Providers are not prohibited from advising or advocating on behalf of a member who is his or her patient and may discuss the member's health status, medical care, treatment options (including any alternative treatment that may be self-administered), information the member needs to make a decision between relevant treatment options, the risks, benefits and consequences of treatment or non-treatment and the member's right to participate in decisions regarding his or her health care, including the right to refuse treatment and to express preferences about future treatment decisions. Regardless of benefit coverage limitations, providers are encouraged to openly discuss all available treatment options with First Choice VIP Care members.

The following information regarding First Choice VIP Care's covered services is provided as a brief overview. For detailed information about our benefits, please call Provider Services or visit our website at www.firstchoicevipcare.com. For detailed information about Medicare basic benefits, please refer to <u>www.Medicare.gov</u>.

# **Summary of Benefits**

The following health services are included in First Choice VIP Care's benefit package:

- Ambulance Services
- Cardiac and Pulmonary Rehabilitation Services
- Catastrophic Coverage
- Chiropractic
- Dental Services
- Diabetes Program and Supplies
- Diagnostic Tests, X-Rays, Lab Services, and Radiology Services
- Doctor Office Visits
- Durable Medical Equipment
- Emergency Care
- Hearing Services
- Home Health
- Hospice Consultation
- Inpatient Hospital Care
- Inpatient Mental Health Care
- Kidney Disease and Condition

- Out-of-Network Initial Coverage
- Outpatient Mental Health Care
- Outpatient Physical Rehabilitation
- Outpatient Services/Surgery
- Outpatient Substance Abuse Care
- Podiatry
- Preventive Services and Wellness/Education
- Prosthetic Devices
- Skilled Nursing Facility
- Urgent Care

#### Pharmacy

- Long Term Care (LTC) Pharmacy
- Mail Order Prescriptions
- Out-of-Network Prescriptions
- Outpatient Prescription Drugs
- Retail Pharmacy
- Out-of-Network Catastrophic Coverage

### **Supplemental Benefits**

The following supplemental services are also covered by First Choice VIP Care:

#### Dental

First Choice VIP Care recognizes the importance of good dental health. Members are eligible to receive the following:

#### Dental

- Preventive Dental
  - o Oral Exams
  - o Prophylaxis (cleaning)
  - o Fluoride treatment
  - o Dental x-rays
- Comprehensive Dental
  - o Non-routine services
  - Coverage for minor restorations
  - Fillings, simple extractions, dentures, denture repairs, surgical extractions, oral surgery, periodontics, and endodontics

### Vision Services

- Routine eye exams
- Eyeglasses or contact lenses

### Over the Counter (OTC) Pharmacy Items

- Typically includes medicines or products that alleviate or treat injuries or illness
- No statement from a medical provider required or documentation of a diagnosis to use the benefit
- Quarterly allowance
- No roll-over from quarter to quarter

### Transportation Services

First Choice VIP Care members are eligible to receive at no cost:

- Annual trip allotment to plan-approved locations
- Non-emergent transportation to doctor visits and pharmacies
- Authorization and scheduling rules apply

### Health Management Program

First Choice VIP Care cares about our members' health and wellness. To help our members stay healthy and improve their quality of life, First Choice VIP Care has special programs available for members to address heart disease, diabetes, and asthma, and can provide information about health education and wellness services such as our smoking cessation program. We also have a 24/7 nurse hotline, 1--855-707-0850 where members can get personalized help from a registered nurse.

### **Out-of-Network Use of Non-Emergency Services**

Prior approval from First Choice VIP Care is required for out-of-network non-emergency services. First Choice VIP Care will provide timely response to requests for authorization of out-of-network service(s) through the assignment of a prior authorization number (if the request is approved), which refers to and documents the determination. Written follow-up documentation of the determination will be provided to the out-of-network provider within one business day after the decision. The member will be liable for the cost of unauthorized use of covered services from non-participating providers.

# Private Pay for Non-Covered Services

Providers are required to inform members about the costs associated with services that are not covered under the First Choice VIP Care, prior to rendering such services. Should the patient and provider agree, the services would be rendered under a private pay arrangement. The provider must obtain a signed document from the member to validate the private payment arrangement.

# **Emergency Services**

First Choice VIP Care ensures the availability of emergency services and care 24 hours a day, seven days a week (24/7).

First Choice VIP Care is responsible for coverage and payment of emergency services and poststabilization services regardless of whether the provider that furnishes the services has a contract with First Choice VIP Care.

First Choice VIP Care's financial responsibility for post-stabilization care services that has not been pre-approved ends when:

- First Choice VIP Care's physician with privileges at the treating hospital assumes responsibility for the **member's** care;
- First Choice VIP Care's physician assumes responsibility for the **member's** care through transfer;
- First Choice VIP Care's representative and the treating physician reach an agreement concerning the **member's** care; or
- The member is discharged.

First Choice VIP Care will not deny payment for treatment obtained when a member had an emergency medical condition. An emergency medical condition exists when the absence of immediate medical attention would place the health of the individual (or, in the case of a pregnant woman, the health of the woman or her unborn child) in serious jeopardy, result in serious impairment to bodily functions, or result in serious dysfunction of any bodily organ or part.

First Choice VIP Care will not refuse to cover emergency renal dialysis services provided while the member was temporarily outside First Choice VIP Care's service area.

First Choice VIP Care's payment to a non-participating provider for emergency services will be limited to the lesser of:

- The limit for emergency service cost-sharing that is published by CMS in its annual guidance; or
- The amount the enrollee would be charged in-network if he or she obtained the services through First Choice VIP Care.

### **Non-Covered Services**

First Choice VIP Care will refer members to local resources for services that are not covered by First Choice VIP Care. Providers may contact the Care Management team at First Choice VIP Care at 1-888-978-0151, for assistance with coordination of these non-covered benefits:

• Alternative medicines, including experimental procedures and treatments such as acupuncture and chiropractic services (except when manipulation of the spine is medically necessary to fix a subluxation of the spine).

- Health care received in another country. Medicare is a United States Government Health Plan and will not cover any health care services provided to the Medicare member outside of the United States.
- Cosmetic surgery (unless it is needed to improve the function of a malformed part of the body).
- Personal care or custodial care, such as help with bathing, toileting and dressing (unless homebound and receiving skilled care) and nursing home care (except in a skilled nursing facility, if eligible).
- Housekeeping services to help the member to stay in their home, such as shopping, meal preparation and cleaning (unless the member is receiving hospice care).

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# SECTION IV MODEL OF CARE AND INTEGRATED CARE MANAGEMENT

# IV. MODEL OF CARE

### **Integrated Care Management**

The following information is in regard to First Choice VIP Care's Integrated Care Management (ICM) and Model of Care, which includes Case & Disease Management and Care Coordination for physical and mental health services provided to First Choice VIP Care members. First Choice VIP Care's Integrated Care Management program is a holistic solution that uses a population-based health management program to provide comprehensive care management services. This fully integrated model allows members to move seamlessly from one component to another, depending on their unique needs. From this integrated solution, First Choice VIP Care delivers and coordinates care across all programs.

The ICM program includes assessment, coordination and other care planning, as well as service coordination with behavioral health providers and community resources. The ICM program also incorporates health and illness self-management education. The program is structured around a member-based decision support system that drives both communication and treatment plan development through a multidisciplinary approach to management. The ICM process also includes reassessing and adjusting the treatment plan and its goals as needed.

First Choice VIP Care's ICM team includes nurses, social workers, Care Connectors, clinical pharmacists, Plan medical directors, primary care providers (PCPs), specialists, members and caregivers, parents or guardians. This team works to meet our members' needs at all levels in a proactive manner that is designed to maximize health outcomes.

First Choice VIP Care's Model of Care is an Integrated Care Management approach to health care delivery and coordination for dual eligible (Medicare and Medicaid) individuals.

# **Integrated Care Management Components**

There are six core components to our Integrated Care Management (ICM) Program:

- Model of Care
- Interdisciplinary Care Team
- PCP/Medical Home
- Chronic Care Programs
- Clinical Practice Guidelines
- Care Management

### Model of Care

First Choice VIP Care has created a Model of Care (MOC) that addresses the physical, mental, and external needs of the dual eligible population in South Carolina. The MOC will take into **consideration medical conditions, challenges presented by the members'** social conditions, limitations in activities of daily living, and the potential health status of the population eligible to enroll in the First Choice VIP Care plan. First Choice VIP Care will assist the Interdisciplinary Care Team in creating the best plan of care and quality management for each member.

# **Interdisciplinary Care Team**

Each member has an interdisciplinary care team that addresses the member's unique needs. Team members may include the primary care physician/medical home, physical and behavioral health specialists, First Choice VIP Care nurses, medical directors, pharmacists, home health care, social workers, community mental health workers and physical, speech and occupational therapists.

# **PCP/Medical Home**

The PCP/Medical Home has an important role in the interdisciplinary team. Key responsibilities include assisting members in determining which services are necessary, connecting members to appropriate services, serving as a central communication point for the member's care, reviewing the plan of care sent by First Choice VIP Care and providing feedback to First Choice VIP Care. Updates are routinely made to the plan of care and come from multiple sources such as member or provider calls, updated Health Risk Assessments (HRAs), care transitions (hospital, nursing home), claim history, pharmacy or utilization triggers and care episodes.

First Choice VIP Care uses several mechanisms to identify vulnerable sub-populations. Claim data is analyzed to identify members with conditions targeted for chronic care improvement, such as diabetes, heart disease, and COPD; and health needs, such as missing preventive care or recommended condition monitoring.

Utilization of emergency room and inpatient services is reviewed to identify members with opportunities for improved outpatient management. Predictive Risk Scores are calculated to identify members who are at risk for future avoidable health care episodes and HRA data is reviewed for triggers identifying unmet health needs or the presence of chronic conditions.

# **Chronic Care Improvement Programs**

First Choice VIP Care offers several chronic care improvement programs designed to improve the health outcomes for members with identified chronic health conditions. Programs are in place for asthma, cardiovascular disease, chronic obstructive pulmonary disease, diabetes and heart failure. Members may self-refer, be referred by a provider, or be identified through claim data analysis.

# **Clinical Practice Guidelines**

First Choice VIP Care clinical practice guidelines are adopted from nationally-recognized organizations and serve as a guide to practitioners, but do not replace clinical judgment. These guidelines are available on the First Choice VIP Care website and hard-copies are available from Provider Services upon request.

# Medicare Annual Wellness Visit

Medicare members have coverage for an annual wellness visit. During each office visit, please cover the following:

- Medical History
- Medication Reconciliation
- Family History
- Potential risk factors for:
  - o Depression
  - o Mood disorders
- Functional assessment and safety level
- Height, weight, BMI, and B/P
- Visual acuity screen
- Other factors deemed appropriate based on the patient's medical and social history and current
- Detect any cognitive impairment the patient may have
- Establish a list of current providers and suppliers
- Give advance care planning services at the patient's discretion
- Establish an appropriate written screening schedule for the patient, such as a checklist for the next 5 to 10 years
  - Cancer Screening
  - o Mammography or Colonoscopy
  - o Glaucoma Testing
- Establish a list of patient risk factors and conditions where primary, secondary, or tertiary interventions are recommended or underway
- Give the patient personalized health advice and appropriate referrals to health education or preventive counseling services or programs
- Recommend the Flu, Pneumonia, Shingle, or COVID-19 vaccine

Remember to list all relevant diagnoses on the claim.

# **Care Management**

This team is designed to address the needs of members and to support providers and their staff. The team is composed of registered nurses, social workers and non-clinical Care Coordinators. Together, this team performs three functions on behalf of First Choice VIP Care members and providers: receiving inbound calls, conducting outbound outreach activities and providing care management and care coordination support.

Providers may request Care Coordinators support by calling 1-888-978-0151.

# **Transition of Care**

First Choice VIP Care is committed to facilitating seamless transitions for the member. Dual eligible members require high touch assistance in navigating the healthcare system. Seamless transitions are a key component of the Model of Care. Everyone plays a role.

### First Choice VIP Care Staff

- Notify Medical Home/PCP of planned or unplanned transition for admission and at discharge
- Contact members to verify plans, establish point of contact
- Provide Plan of Care information to sending and receiving facility/provider, including changes at discharge

#### PCP

- Contact admitting physician to coordinate care
- Review and reconcile medications after discharge
- See the member at office visit post discharge

### Hospital

- Send discharge summary and orders with medication list to Plan
- Admitting physician is available to speak with the Medical Home/PCP regarding the member's care needs

# Care Coordination with the PCP

First Choice VIP Care recognizes that the PCP is the cornerstone of the member's care coordination and delivery system. Our care management staff contacts the PCP during a member's initial enrollment into the chronic care management program, as part of the comprehensive assessment and treatment plan development process. Program staff creates the member's treatment plan using the PCP's plan as a foundation. Through this approach, program staff complements the PCP's recommendations in the development of an enhanced and holistic treatment plan specific to chronic care management. The Care Coordinator remains in close communication with the PCP during the implementation of the treatment plan, should issues or new concerns arise.

# **Care Coordination with Other Providers**

Program staff also contacts **the member's key and/or current providers of care, as well as the member's mental health care providers, to determine the best process to support the member.** This process eliminates redundancies and supports efficiencies for both programs. Program staff also engages **key providers to be part of the development of the member's** treatment plan. As the member is reassessed, a copy of the treatment plan is supplied to both the provider and member.

### **Treatment Plans**

In order to help match members with health care that meets their needs in a cost-effective manner, First Choice VIP Care uses a health risk assessment (HRA) to identify members who are at risk for chronic conditions and other health care needs. The HRA contained in the Member Welcome Packet contains questions about current health conditions and health care services. Our HRA identifies actual or potential barriers that may hinder the delivery of optimum health care. Each question in the HRA is designed to gather information in which a positive response will trigger program referrals or action to support a specific issue. The HRA offers opportunities to quickly identify and engage members who have chronic conditions, or have special health-related needs.

Through the Integrated Care Management program, First Choice VIP Care works with practitioners, members, and outside agencies to develop treatment plans for members with special or complex health care needs. First Choice VIP Care's treatment plan specifies mutually agreed-upon goals, medically-necessary services, mental health and alcohol and drug abuse **services (as shared with the member's consent), as well as any support services necessary to** carry out or maintain the treatment plan, and planned care coordination activities. treatment plans also take into account the cultural values and any special communication needs of the member, family and caregiver.

First Choice VIP Care treatment planning is based upon the comprehensive HRA of each **member's condition and needs. Each member's care is appropriately planned with active** involvement and informed consent of the member, and his or her family or caregiver, as clinically appropriate and legally permissible, and as de**termined by the member's practitioner** and standards of practice.

Through First Choice VIP Care's Integrated Care Management program, the member is assisted in accessing any support needed to maintain the treatment plan. First Choice VIP Care and the PCP are expected to jointly ensure that members and their families (as clinically appropriate) are fully informed of all covered and non-covered treatment options as well as the recommended options, their expected effects, and any risks or side effects of each option. In order to make treatment decisions and give informed consent, available treatment for members will include the option to refuse treatment and shall include all treatments that are medically available, regardless of whether First Choice VIP Care provides coverage for those treatments.

Treatment plans for members with special health care needs are to be reviewed and updated every twelve (12) months, at a minimum, or as determined by the member's PCP on the basis of the PCP's assessment of the member's health and developmental needs. The revised treatment plan is expected to be incorporated into the member's medical record following each update.

## Model of Care Evaluation

#### Data Sources

- Claims (medical, behavioral health, pharmacy)
- Authorization date
- HEDIS reports
- Member surveys
  - Consumer Assessment of Healthcare Providers and Systems (CAHPS)
  - Health Outcomes Survey (HOS)
- Practitioner and Facility surveys
- Provider feedback
- Complaint and grievance analysis.

#### Methods of Communicating Updates and Outcome

- The Plan's website Quality and Satisfaction Updates
- Member News Bulletin
- Provider News Bulletin
- Provider Workshops presentations are interactive via the website and face-to-face workshop presentations, as well as provider site visits
- All communications are available in hard copy upon request or via the Plan's website at www.firstchoicevipcare.com

Providers may also contact the Provider Services department at 1-888-978-0151 for assistance with questions.

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# SECTION V UTILIZATION MANAGEMENT

# V. Utilization Management

The First Choice VIP Care Utilization Management program establishes a process for implementing and maintaining an effective, efficient utilization management system. Utilization Management activities are designed to assist our providers with the organization and **delivery of appropriate health care services to members within the structure of the members'** benefit plan. We do not structure compensation to individuals or entities that conduct utilization management activities in such a way as to provide incentives for the individual or entity to deny, limit, or discontinue medically necessary services to any member. Per agreement with First Choice VIP Care, providers are required to comply fully with First Choice VIP Care's medical management programs. This includes:

- Obtaining authorizations and/or providing notifications, depending upon the requested service;
- Providing clinical information to support medical necessity when requested;
- Permitting access to the member's medical information;
- Involving the **Plan's** medical management nurse in discharge planning discussions and meetings;
- Providing a plan of treatment, progress notes, and other clinical documentation as required.

# Referrals

Referrals from PCPs to participating specialists for office visits are not required under First Choice VIP Care.

# **Prior Authorization**

Prior authorization is required for certain services provided by all providers, with the exception of emergency services. The most up-to-date listing of services requiring Prior Authorization is maintained in the CPT Look-up Tool available at <u>www.firstchoicevipcare.com</u>. Prior authorization is not a guarantee of payment. First Choice VIP Care reserves the right to adjust any payment made following a review of the medical record or other documentation and/or determination of the medical necessity of the services provided.

### Services that Require Prior Authorization\*\* by First Choice VIP Care

- Elective/Non- Emergent Air Ambulance Transportation
- All out of Network Services (excluding emergency services)
- In-patient services
  - All in-patient hospital admissions, including medical, surgical, skilled nursing and rehabilitation
  - Obstetrical Admissions/Newborn Deliveries exceeding 48 hours after vaginal delivery and 96 hours after caesarean section

- o Inpatient Diabetes programs and supplies
- o In-patient Medical Detoxification
- Elective transfers for inpatient and/or outpatient services between acute care facilities
- Outpatient Mental Health Care
- Outpatient Substance Abuse Care
- Certain outpatient diagnostic tests (including x-rays and other radiology services)
- Home Health
- Therapy and related services
  - Speech Therapy, Occupational Therapy and Physical Therapy provided in home or outpatient setting, after the first visit per therapy discipline/type
  - o Chiropractic Services
  - o Cardiac and Pulmonary Rehabilitation
- Transplants, including transplant evaluations
- All DME rentals and rent to purchase items
- DME/Medical Supply/Prosthetic Device Purchases
  - Purchase of all items in excess of \$500
  - o Prosthetics and orthotics in excess of \$500 in total charges
  - The purchase of ALL wheelchairs (motorized and manual) and all wheelchair accessories (components) regardless of cost per item
  - o Nutritional Supplements
- Hyperbaric Oxygen
- Surgery (for sleep apnea/uvulopalatopharyngoplasty (UPPP)
- Religious Non-Medical Health Care Institutions (RNHCI)
- Medications: 17-P and all infusion/injectable medications listed on the Medicare Professional Fee Schedule; infusion/injectable medications not listed on the Medicare Professional Fee Schedule are not covered by First Choice VIP Care
- Surgical services that may be considered cosmetic, including but not limited to:
  - o Blepharoplasty
  - o Mastectomy for Gynecomastia
  - o Mastopexy
  - o Maxillofacial
  - o Panniculectomy
  - o Penile Prosthesis
  - Plastic Surgery/Cosmetic Dermatology
  - o Reduction Mammoplasty
  - o Septoplasty
- Cochlear Implantation
- Gastric Bypass/Vertical Band Gastroplasty
- Hysterectomy
- Pain Management external infusion pumps, spinal cord neurostimulators, implantable infusion pumps, radiofrequency ablation and injections/nerve blocks
- All miscellaneous/unlisted or not otherwise specified codes
- All services that may be considered experimental and/or investigational

- For the following non-emergent outpatient radiological procedures contact National Imaging Associates, Inc. (NIA) at 1-800-424-4788 or visit www.radmd.com:
  - o CT/CTA
  - o CCTA
  - o MRI/MRA
  - o PET Scan
  - o Myocardial Perfusion Imaging
  - o MUGA Scan

#### \*\* All requests for services are subject to Medicare coverage guidelines and limitations.

### Services that Do Not Require Prior Authorization

- Emergency Room Services (in-network and out-of-network)
- 48-Hour Observations (except for Maternity notification required)
- Low-level plain films x-rays, EKGs
- Post Stabilization Services (in-network and out-of-network)
- Women's healthcare by in-network providers (OB-GYN Services)

### Services that Require Notification

- Maternity Obstetrical Services (after the first visit) and outpatient care (includes 48-Hour Observations)
- All newborn deliveries
- Outpatient Mental Health Care
- Outpatient Substance Abuse Care

# **Organization Determinations**

An organization determination is any determination (i.e., approval or denial) made by First Choice VIP Care in regard to the benefits a member may be entitled to receive under First Choice VIP Care. Some examples may include:

- Payment for emergency services, post-stabilization care, or urgently needed services;
- Payment for any other health services furnished by a non-contracted provider where the member believes:
  - o The services are covered under Medicare, or
  - If not covered under Medicare, should have been furnished, arranged for, or reimbursed by First Choice VIP Care.
- Refusal to authorize, provide, or pay for services, in whole or in part, including the type or level of services, which the member believes should be furnished or arranged by First Choice VIP Care.
- Reduction or premature discontinuation of a previously authorized ongoing course of treatment; or

• Failure of First Choice VIP Care to approve, furnish, arrange for, or provide payment for health care services in a timely manner, or to provide the member with timely notice of an adverse determination, if the delay adversely affects the health of the member.

Disagreements concerning organization determination decisions are resolved through the member appeals process described in Section VI of this *Provider Manual*.

### Standard

First Choice VIP Care will notify the member of its determination as expeditiously as the **member's hea**lth condition requires, but no later than fourteen (14) calendar days after First Choice VIP Care receives the request for the standard organization determination.

### Expedited

**The member's** physician may request that First Choice VIP Care expedite an organization determination, including a request for authorization, when the member or physician believes that waiting for a decision under the standard time frame could place the member's life, health, or ability to regain maximum function in serious jeopardy. If First Choice VIP Care decides to expedite the request, we will render a decision as expeditiously as the member's health condition might require, but no later than seventy-two (72) hours after receiving the request.

If First Choice VIP Care requires medical information to make the determination, we are required to request the information within twenty-four (24) hours and to respond to the member within seventy-two (72) hours of receiving the request.

First Choice VIP Care can also have an additional fourteen (14) days if First Choice VIP Care **documents that additional information is needed and the delay is in the member's best interest.** If First Choice VIP Care needs more time, the member will be informed of the reason for the extension in writing within five (5) days. If the organization determination is not in the **member's favor, the member or the member's** authorized representative has the right to appeal the decision.

Expedited organization determinations may not be requested for cases in which the only issue involves a claim for payment for services that the member has already received. However, if a case includes both a payment denial and a pre-service denial, the member has a right to request an expedited appeal for the pre-service denial.

First Choice VIP Care will provide an expedited organization determination if **the member's** physician indicates, either orally or in writing, that applying the standard time for making a determination could seriously jeopardize the life or health of the member or the member's ability to regain maximum function.

If First Choice VIP Care denies the request for an expedited organization determination, we will:

- Automatically transfer the request to the standard time frame and make a determination within fourteen (14) calendar days of the date the request was originally received
- Give the member prompt oral notice of the denial including the member's rights to appeal

- Deliver to the member a written letter of the member's rights that:
  - Explains that First Choice VIP Care will automatically transfer and process the request using the fourteen (14)-day time frame for standard determinations;
  - Informs the member of the right to file an expedited grievance if he or she disagrees with First Choice VIP Care's decision not to expedite the determination;
  - Informs the member of the right to resubmit a request for an expedited determination. If the member gets a physician's support indicating that applying the standard time frame for making determinations could seriously jeopardize the life or health of the member or the member's ability to regain maximum function, the request will be expedited automatically; and
  - Provides instructions about the expedited grievance process and its time frames.

### **Medical Necessity Standards**

Medically necessary or medical necessity is defined as:

Services or supplies that are needed for the diagnosis or treatment of the member's medical condition, and that meet accepted standards of medical practice.

The need for the item or service must be clearly documented in the patient's medical record. Medically necessary services or items are:

- Appropriate for the symptoms and diagnosis or treatment of the patient's condition, illness, disease or injury; and
- Provided for the diagnosis or the direct care of the patient's condition, illness, disease or injury; and
- In accordance with current standards of good medical practice; and
- Not primarily for the convenience of the patient or provider; and
- The most appropriate supply or level of service that can be safely provided to the patient.

For those services furnished in a hospital on an inpatient basis, medical necessity means that appropriate medical care cannot be effectively and appropriately furnished more economically on an outpatient basis or in an inpatient facility of a different type.

The fact that a provider has prescribed, recommended or approved medical or allied goods or services does not, in itself, make such care, goods or services Medically Necessary or a covered service/benefit.

In addition to Medicare Coverage guidelines, First Choice VIP Care uses the following InterQual criteria as guidelines for determinations related to medical necessity:

- Adult ISD (Intensity of Service, Severity of Illness and Discharge Screens)
- Pediatric ISD (Intensity of Service, Severity of Illness and Discharge Screens)
- Outpatient Therapy
- Home Care
- Radiologic Procedure
- DME

When applying Medical Necessity criteria, UM staff also considers the individual member factors and the characteristics of the local health delivery system, including:

- Member Considerations
  - Age, comorbidities, complications, progress of treatment, psychosocial situation, home environment.
- Local Delivery System
  - Availability of sub-acute care facilities or home care in the First Choice VIP Care service area for post discharge support,
  - First Choice VIP Care benefits for sub-acute care facilities or home care where needed,
  - Ability of local hospitals to provide all recommended services within the estimated length of stay.

Any request that is not addressed by, or does not meet, Medical Necessity guidelines is referred to the medical director or designee for a decision. Any decision to deny, alter or limit coverage for an admission, service, procedure or extension of stay, based on Medical Necessity, or to approve a service in an amount, duration or scope that is less than requested, is made by the First Choice VIP Care medical director or other designated practitioner under the clinical direction of the medical director. The First Choice VIP Care medical director is responsible for ensuring the clinical accuracy of all Organization Determinations and Reconsiderations involving medical necessity. The First Choice VIP Care medical director is a physician with a current license to practice medicine in South Carolina.

Medical necessity decisions made by the First Choice VIP Care medical director or designee are based on the above definition of Medical Necessity, in conjunction with the member's benefits, the medical director's/designee's medical expertise, First Choice VIP Care Medical Necessity guidelines (as outlined above), Medicare coverage guidelines and/or published peer-review literature. At the discretion of the First Choice VIP Care medical director/designee, participating board-certified physicians from an appropriate specialty, other qualified healthcare professionals or the requesting practitioner/provider may provide input to the decision. The First Choice VIP Care medical director or designee makes the final decision.

First Choice VIP Care will not retroactively deny reimbursement for a covered service provided to an eligible member by a provider who relied on written or oral authorization from First Choice VIP Care or an agent of First Choice VIP Care, unless there was material misrepresentation or fraud in obtaining the authorization. Upon request by a member or practitioner/provider, the criteria used for medical necessity decision making in general, or for a particular decision, is provided in writing by the First Choice VIP Care medical director or designee. First Choice VIP Care will not arbitrarily deny or reduce the amount, duration, or scope of required services solely because of the diagnosis, type of illness, or condition of the member.

The Utilization Management staff involved in medical necessity decisions is assessed for consistent application of review criteria annually. An action plan is created and implemented

for any variances among staff outside of the acceptable range. Both clinical and non-clinical staff are audited for adherence to policies and procedures.

### **Notice of Adverse Determination**

If First Choice VIP Care decides to deny authorization for services or payments, in whole or in part, or discontinues/reduces a previously authorized ongoing course of treatment, then it will give the member a written notice of its determination. First Choice VIP Care will provide notice using the most efficient manner of delivery to ensure the member receives the notice in time to act (e.g., via fax, hand delivery, or mail). If the member has a representative, the representative will be given a copy of the notice.

First Choice VIP Care uses CMS model notices for the Notice of Denial of Medical Coverage (NDMC) and Notice of Denial of Payment (NDP). First Choice VIP Care denial notices are written in a manner that is intended to be understandable to the member and provides the specific reason for the denial that takes into account the member's presenting medical condition, disabilities, and special language requirements, if any. The notice:

- Informs the member of the right to file an expedited grievance if he or she disagrees with First Choice VIP Care's decision not to expedite a coverage determination;
- Informs the member of the right to resubmit a request for an expedited determination and that if the member gets any physician's support indicating that applying the standard time frame for making determinations could seriously jeopardize the life or health of the member or the member's ability to regain maximum function, the request will be expedited automatically; and
- Provides instructions about the expedited grievance process and its time frames.

### **Peer to Peer Review**

Providers may only request a peer-to-peer review during initial outreach by the Clinical Care Reviewer notifying the provider that the request is not meeting for medical necessity and will be pended to the Medical Director for determination. The peer to peer must occur before the decision is rendered.

### Reconsideration

Any party to an organization determination (including a reopened and revised determination), i.e., a member, a member's authorized representative or a non-contracted physician or provider may request that the determination be reconsidered. However, First Choice VIP Care contracted providers do not have appeal rights. A member, a member's representative, or physician (regardless of whether the physician is affiliated with First Choice VIP Care) is the only party who may request that First Choice VIP Care expedite a reconsideration. First Choice VIP Care will accept an oral reconsideration from a member or a member's representative. Reconsiderations are performed in accordance with Plan policy.

If First Choice VIP Care affirms, in whole or in part, its adverse organization determination (i.e., continues to deny payment in whole or in part), it will prepare a written explanation and send the complete case file to the independent review entity contracted by CMS. Specific information on filing reconsiderations can be found in Section VI of this *Provider Manual* 

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# SECTION VI MEMBERS GRIEVANCES AND APPEALS

# **VI. Member Grievances and Appeals**

### **Standard and Expedited Grievances (Complaints)**

If a member has a complaint regarding the quality of care, waiting times, customer service, etc. he/she has received, he/she should contact the Member Services department at the toll-free number on the back of their identification card. A Member Services representative will answer questions or concerns. The representative will try to resolve the problem. If the Member Service representative does not re**solve the problem to the member's satisfaction,** the member has the right to file a grievance.

A grievance expresses dissatisfaction about matters related to the services offered by First Choice VIP Care. The member may file a grievance in writing or by phone. It may be filed by the provider (or another authorized representative) **on behalf of the member with the member's** written consent. A grievance may be filed about such things as the quality of the care the member receives from First Choice VIP Care provider, rudeness from a First Choice VIP Care employee or a provider's employee, a lack of respect for their rights by First Choice VIP Care or any service or item that did not meet accepted standards for health care during a course of treatment.

First Choice VIP Care **will acknowledge the member's grievance either by phone or by mail**. First Choice VIP Care will send a resolution letter within thirty (30) calendar days of receiving the request. In some cases, First Choice VIP Care, or the member may need additional time to obtain more information. If the member needs more time to get information, he/she may request up to fourteen (14) more days. First Choice VIP Care can also have an additional fourteen (14) days if First Choice VIP Care documents that additional information is needed and **the delay is in the member's best interest. If** First Choice VIP Care needs more time, the member will be informed in writing of the reason for the extension.

Members also have the ability to file an expedited grievance whenever First Choice VIP Care extends the time frame to make an organization determination or reconsideration or First Choice VIP Care refuses to grant a request for an expedited determination or reconsideration. First Choice VIP Care is required to contact the member within twenty-four (24) hours of the **member's request for an expedited grievance and to provide written notice within** three (3) days.

# **Quality of Care Grievances**

For grievances pertaining to quality of care, members may register their complaint either through First Choice VIP Care, which will follow the same process as all other grievances, or through KEPRO, an independent organization under contract to the Federal Government to monitor and improve the care given to Medicare members (the "Quality Improvement Organization" or "QIO").

# Filing a Grievance

To file a grievance, the member, **or the member's** physician or other representative, may call Member Services at 1-888-996-0499 (TDD/TTY: 711; or **write to:** 

First Choice VIP Care Attn: Appeals Department P.O. Box 7140 London, KY 40742-7140

To file a quality of care grievance with the QIO, the member, **the member's** physician, or the **member's representative may** contact Kepro/Livanta through their websites.

If the member needs assistance in filing his/her grievance or needs the help of an interpreter, the member may call Member Services toll free at 1-888-996-0499 (TDD/TTY: 711). Interpreter services, if needed, will be made available free of charge to the member.

# Appeal

An appeal consists of the review of an adverse organization determination or termination of services decision, the evidence and finding upon which it was based, and any other evidence that the parties submit or that is obtained by First Choice VIP Care. **Only the member, a member's** authorized representative, or a non-contracted provider may request an appeal.

### Standard Appeal of a Pre-Service Request

A standard reconsideration for an adverse organization determination resulting from a preservice request must be requested within sixty (60) calendar days from the date of the notice of the organization determination unless there are extenuating circumstances, such as illness or injury. If a request for an appeal is filed beyond the sixty (60) calendar day timeframe and good cause for late filing is not provided, First Choice VIP Care will dismiss the request. The provider may request an appeal of the dismissal with the Independent Review Entity (IRE).

First Choice VIP Care will issue an appeal **determination as expeditiously as the member's** health condition requires. This will be no later than thirty (30) calendar days from the date First Choice VIP Care receives the request for a standard reconsideration. This time frame may be extended up to fourteen (14) calendar days by First Choice VIP Care if First Choice VIP Care justifies a need for additional information and documents that the delay is in the best interest of the member. If the reconsidered determination affirms (in whole or in part) the original organization determination, the case file will be forwarded to the IRE.

### Expedited

If the member's health is at risk, the member has the right to submit, either orally or in writing, a request for an expedited reconsideration. If First Choice VIP Care requires medical information to make the determination, will request the information within twenty-four (24)

hours (or as soon as possible) and will respond to the member within seventy-two (72) hours of receiving the request.

First Choice VIP Care can also have an additional fourteen (14) days if First Choice VIP Care **documents that additional information is needed and the delay is in the member's best interest.** If First Choice VIP Care needs more time, the member will be informed of the reason for the extension in writing. If the reconsidered determination agrees with the organization determination, in whole or in part, the case file will be forwarded to the IRE for a second level appeal review.

Steps following Reconsideration

- If the IRE upholds the denial:
  - The member or a member's representative has sixty (60) days to file an appeal with the Office of Medicare Hearings and Appeals (OMHA). If the OMHA upholds the denial, then
  - The member or member's representative has sixty (60) days to file an appeal with the Medicare Appeals Council, then
  - If the Medicare Appeals Council denies claim, and if the amount in controversy is more than \$1, 350, the claim may be appealed to the Federal District Court.

## **Filing an Appeal**

To file a reconsideration or for more information regarding the appeals process, participating providers or the member may call Member Services at 1-888-996-0499 (TDD/TTY: 711); or write to:

First Choice VIP Care Attn: Appeals Department P.O. Box 80109 London, KY 40742-0109

**Participating providers appealing on the member's behalf must** complete the Appointment of Representative form found in the Member section under Appeals and Grievance at <u>www.firstchoicevipcare.com</u>.

If the member needs assistance in filing his/her request for a reconsideration or needs the help of an interpreter, the member may call the Member Services department.

Interpreter services are free of charge to the member.

# Provider Administrative Rights and Responsibilities

#### Peer-to-Peer

Providers may only request a peer-to-peer review during initial outreach by the Clinical Care Reviewer notifying the provider that the authorization request is not meeting for medical necessity and will be pended to the Medical Director for determination. <u>The peer-to-peer</u> request must occur before the decision is rendered.

Note: The purpose of the peer to peer process is to address medical determinations regarding health care services. This process is not intended to address denied claims or other issues. For information on filing an <u>informal provider complaint</u>, please refer to the "Provider and Network Information" section of this *Provider Manual*. For information on <u>disputing a claim</u>, please refer to the "Claims Submission Protocols and Standards" section of this *Provider Manual*.

#### Appeal for a Request for Payment of Denied Claims

Contracted providers do not have rights to appeal for the payment of denied claims. Denied claims for any reason, including lack of authorization, may be **reviewed through the claim's dispute process (see the** Claims Submission Protocols and Standards section).

As a reminder, a provider may also file an appeal on a member's behalf, with the member's written consent. To file an appeal as an authorized representative on behalf of a member, a provider may call the Member Appeals telephone line at 1-888-996-0499.

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# Section VII Quality Assurance and Performance Improvement Program

# VII. Quality Assurance and Performance Improvement Program

First Choice VIP Care's Quality Assurance and Performance Improvement (QAPI) program provides a framework for the evaluation of the delivery of health care and services provided to members. The QAPI program description describes the quality improvement structure, function, scope and goals defined for First Choice VIP Care. The First Choice VIP Care Board of Directors provides strategic direction for the QAPI program and retains ultimate responsibility for ensuring that the QAPI program is incorporated into First Choice VIP Care's operations. Operational responsibility for the development, implementation, monitoring, and evaluation of the QAPI program are delegated by the Board of Directors through the Chief Executive Officer (CEO) and the Vice President of Medicare and to the Quality Assessment Performance Improvement Committee (QAPIC).

The purpose of the QAPI program is to provide a formal process to systematically monitor and objectively evaluate the quality, appropriateness, efficiency, effectiveness and safety of the care and service provided to First Choice VIP Care members by providers.

The QAPI program also provides oversight and guidance for the following:

- Determining practice guidelines and standards on which the program's success will be measured
- Complying with all applicable laws and regulatory requirements, including but not limited to applicable state and federal regulations, and NCQA accreditation standards
- Providing oversight of all delegated services
- Ensuring that a qualified network of providers and practitioners is available to provide care and service to members through the credentialing/recredentialing process
- Conducting member and practitioner satisfaction surveys to identify opportunities for improvement
- Reducing health care disparities by measuring, analyzing and redesigning of services and programs to meet the health care needs of our diverse membership

First Choice VIP Care develops goals and strategies considering applicable state and federal laws and regulations and other regulatory requirements, NCQA accreditation standards, evidencebased guidelines established by medical specialty boards and societies, public health goals, and national medical criteria.

The goals, objectives and related measures used to monitor and evaluate performance are incorporated into the QAPI work plan. The work plan identifies objectives for the year and program scope, quality improvements and monitoring activities for the coming year, as well as planned monitoring of previously identified issues and a scheduled annual evaluation. The work plan also identifies the responsible party and a time frame for completion of all activities. The work plan is revised as necessary to add new initiatives.

# **Quality Management Activities**

Providers play a key role in helping us to measure and report the quality of care delivered to our members by assisting with the following:

- Every provider in the First Choice VIP Care provider network is required by contract to cooperate with and participate in First Choice VIP Care's quality management/quality assessment & performance improvement (QM/QAPI) program. We rely on your cooperation and participation to meet our own state and federal obligations as a DSNP.
- First Choice VIP Care's access to the medical records maintained by our providers is a critical component of our data collection as we seek to ensure appropriate and continued access to care for our member population. First Choice VIP Care or its designee must receive medical records from you in a timely manner for purposes of HEDIS data collection, NCQA accreditation, medical records documentation audits, and other quality-related activities that comprise our QAPI program. First Choice VIP Care will reach out from time to time to request records for these purposes; it is essential that you provide requested records within the timeframes set forth in those notices.
- As our technological capabilities continue to advance, First Choice VIP Care will seek to enhance the efficiency of our data collection activities in support of our QAPI and population health programs, including through the use of bi-directional automated data exchange with our providers. These exchange opportunities, as available, are intended to capture data related to gaps in care, and to identify social determinants of health that may also be targets for intervention. First Choice VIP Care will work with our providers to identify and implement the most appropriate format and cadence for data exchange.

First Choice VIP Care clinical reviewers fully investigate potential quality of care (QOC) concerns, in accordance with First Choice VIP Care policy. Providers are expected to comply with QOC review processes, beginning with the timely submission of records in response to requests from First Choice VIP Care. Your support of and participation in this critical review process helps to ensure the provision of high quality care and service to the First Choice VIP Care member population.

### **Quality Assessment Performance Improvement Committee**

The QAPIC oversees First Choice VIP Care's efforts to measure, manage and improve quality of care and services delivered to First Choice VIP Care members, and evaluate the effectiveness of the QAPI program. Additional committees and councils support the QAPI program and report into the QAPIC:

Quality of Service Committee – Monitors performance and quality improvement activities related to First Choice VIP Care services; reviews, approves and monitors action plans created in response to identified variances.

PerformRx Pharmacy and Therapeutics Committee – Monitors drug utilization patterns, formulary composition, pharmacy benefits management procedures and quality concerns.

Credentialing Committee – Reviews practitioner and provider applications, credentialing and profiling data (as available) to determine appropriateness for participation in the First Choice VIP Care Network.

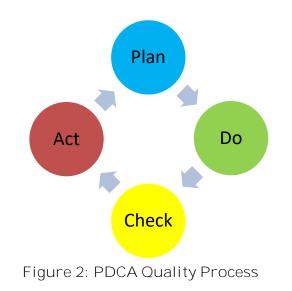
### **Practitioner Involvement**

We encourage provider participation in our QAPI program. Providers who are interested in participating in one of our Quality Committees should call the Provider Services Department at 1-888-978-0151, or contact their Provider Account Executive directly.

## **QAPI Program Activities**

The QAPI program is designed to monitor and evaluate the quality of care and service provided to members. QI program activities are conducted using Plan-Do-Check-Act (PDCA) methodology:

- Plan Establish objectives and processes necessary to meet performance or outcome goals.
- Do Implement plan and processes; collect data for further analysis.
- Check Evaluate and compare the results to the performance/outcome goal; identify differences between the actual/expected/target outcomes.
- Act Develop and implement corrective action to address significant differences between the actual and planned results; conduct root cause analysis; as necessary, return to Plan step.



The QAPI program is designed to monitor and evaluate the quality of care and service provided to members. Practitioners and providers agree to allow First Choice VIP Care to use their **performance data as needed for the organization's QI activities to improve** the quality of care and services, and the overall member experience. On-going QAPI activities include:

### Health Status – Prevalence Documentation and Baseline Assessment

First Choice VIP Care analyzes available data to identify baseline measurements for clinical indicators associated with high-prevalence chronic conditions and overall health status. QAPI initiatives will be developed for low-performing indicators as appropriate.

### **Ensuring Appropriate Utilization of Resources**

First Choice VIP Care performs baseline utilization measurements to calculate inpatient admission rates and length of stay; emergency room utilization rates; and clinical guideline

adherence for preventive health and chronic illness management services to identify those areas that fall outside the expected range to assess for over- or under-utilization.

### **Chronic Care Improvement Programs**

The First Choice VIP Care Chronic Care Improvement programs were selected to address the expected high-incidence conditions for which there are evidence-based protocols that have been shown to improve health outcomes. The following programs are available:: Cardiovascular Disease, Asthma, Chronic Obstructive Pulmonary Disease (COPD), Diabetes and Heart Failure. More information on each program can be found on First Choice VIP Care's website or by contacting Member Services at 1-888-996-0499 (TDD/TTY: 711).

### Measuring Member and Provider Satisfaction

First Choice VIP Care will complete planning and the required CMS approval process for administration of the CAHPS survey. First Choice VIP Care will also conduct a Provider Satisfaction study. Survey results, along with analysis and trends on dissatisfactions and member opt-outs are reported to the QAPIC for review and identification/prioritization of opportunities for improvement.

### Participant and Provider Dissatisfaction

Dissatisfactions or complaints/grievances from members and providers are investigated, responded to and trended. Trends and the results of investigations are reported to the QAPIC, which coordinates initiatives to address identified opportunities for improvement.

### **Promoting Member Safety**

The QAPI department is responsible for coordinating activities to promote member safety. Initiatives focus on promoting member knowledge about medications, home safety and hospital safety. Members are screened for potential safety issues during the initial Health Risk Assessment (HRA).

# **Preventive Health and Clinical Guidelines**

The QAPIC is responsible for approving all preventive health and clinical guidelines. Guidelines are developed utilizing criteria established by nationally recognized professional organizations and with input from the First Choice VIP Care Provider Advisory Council. Guidelines are distributed via the website, with hard copies available upon request. **Current guidelines include COPD, Diabetes, Heart Failure, Hypertension and Heart Failure.** 

# **Health Care Equity**

Health care equity is assessed and promoted through a variety of activities that leverage resources across the organization. Activities are outlined below:

• Collect and analyze practitioner race/ethnicity and language data to determine if the network is responsive to the needs of the membership

- Develop a plan to address network race/ethnicity and language gaps
- Support practitioners in providing appropriate language services
- Conduct baseline assessment of performance on chronic care and preventive care outcome measures by race and ethnicity subgroups; identify and prioritize opportunities to reduce disparities

## Planned Quality Improvement Projects

First Choice VIP Care develops and implements quality improvement projects (QIPs) focusing on areas of concern or low performance, both clinical and service-related, identified through internal analysis and external recommendations.

# **Credentialing Program**

First Choice VIP Care's Quality Assessment and Performance Improvement Program (QAPI) provides oversight of the Credentialing Program. The activities described below are additional functions of the Credentialing Program. For more information on the credentialing and re-credentialing processes, please refer to the "Provider and Network Information" section of this *Provider Manual*.

# **Availability and Accessibility Audits**

Compliance with First Choice VIP Care's access and availability standards is monitored annually to ensure that sufficient numbers of network practitioners and providers are available to meet member needs. An assessment is conducted to compare the type, number and location of network practitioners and providers to approved standards. The Quality of Service Committee (QSC) evaluates the report annually. First Choice VIP Care also conducts an annual assessment of primary care providers' compliance with appointment standards for routine, urgent, and sick office visits. Results of the survey are reported to the QSC for review and recommendations.

### **Medical Record Requirements**

Medical records of network providers are to be maintained in a manner that is current, detailed, organized and permits for effective and confidential patient care and quality review. Provider offices are to have an organized medical record filing system that facilitates access, availability, confidentiality and organization of records at all times.

Providers are required by contract to make medical records accessible to the United States Department of Health and Human Services (HHS), the Centers for Medicare and Medicaid Services (CMS) and/or the Office of the Inspector General (OIG), First Choice VIP Care and **their respective designee's in order to conduct** fraud, abuse, waste and/or quality improvement activities. **Providers must follow the medical record standards outlined below, for each member's medical** record, as appropriate:

- Elements in the medical record are organized in a consistent manner and the records must be kept secure.
- Patient's name or identification number is on each page of record.
- All entries are dated and legible.
- All entries are initialed or signed by the author.
- Personal and biographical data are included in the record.
- Current and past medical history and age-appropriate physical exam are documented and include serious accidents, operations and illnesses.
- Allergies and adverse reactions are prominently listed or noted as "none" or "NKA."
- Information regarding personal habits such as smoking and history of alcohol use and substance abuse (or lack thereof) is recorded when pertinent to proposed care and/or risk screening.
- An updated problem list is maintained.
- There is documentation of discussions of a living will or advance directives for each member.
- Patient's chief complaint or purpose for visit is clearly documented.
- Clinical assessment and/or physical findings are recorded.
- Appropriate working diagnoses or medical impressions are recorded.
- Plans of action/treatment are consistent with diagnosis.
- There is no evidence the patient is placed at inappropriate risk by a diagnostic procedure or therapeutic procedure.
- Unresolved problems from previous visits are addressed in subsequent visits.
- Follow-up instructions and time frame for follow-up or the next visit are recorded, as appropriate.
- Current medications are documented in the record, and notes reflect that long-term medications are reviewed at least annually by the practitioner and updated, as needed.
- Health care education provided to patients, family members or designated caregivers is noted in the record and periodically updated, as appropriate.
- Screening and preventive care practices are in accordance with the Plan's Preventive Health Guidelines.
- An immunization record is up to date or an appropriate history has been made in the medical record.
- Requests for consultations are documented in writing and are consistent with clinical assessment/physical findings.
- Laboratory and other studies ordered, as appropriate, are documented in writing.
- Laboratory and diagnostic reports reflect practitioner review, documented in writing.
- Patient notification of laboratory and diagnostic test results and instruction regarding follow-up, when indicated, are documented in writing.
- There is written evidence of continuity and coordination of care between primary and specialty care practitioners or other providers.

Providers must maintain medical records for a period not less than 10 years from the close of the Network Provider Agreement and for a longer period if the records are under review or audit (until the audit or review is complete).

## **Medical Record Audits**

First Choice VIP Care conducts medical record audits to assess the provision and documentation of primary care according to established standards. PCP sites with ten (10) or more linked members undergo a Medical Record Review (MRR) a minimum of once every three (3) years. A PCP practice may include both an individual office and a large group facility site. Ad-hoc reviews of OB-**GYN's and specialists may also be conducted, as needed, using the same process.** 

A minimum of five (5) records are reviewed for each site. Records are selected using a random number methodology among members who have been assigned to the PCP for a minimum of six (6) months.

### **Adverse Action Reporting**

In accordance with Title IV of Public Law 99-660, the Health Care Quality Improvement Act of 1986, with governing regulations codified at 45 CFR Parts 60 and 61, First Choice VIP Care sends information on reportable events, (as outlined in the NPDB and HIPDB Reporting Manual instructions) to the respective entity and to the applicable State licensing board, as appropriate, in the state where First Choice VIP Care is located.

All review outcomes, including actionable information, are incorporated in the provider credentialing file and database.

### **Reporting & Managing Unusual Occurrences**

Critical Incidents, Sentinel Events and Never Events

First Choice VIP Care monitors the quality and appropriateness of care provided to its members by hospitals, clinics, physicians, home health care agencies and other providers of health care services. The purpose of monitoring care is to identify those unusual and unexpected occurrences involving death or serious physical or psychological injury, or the risk thereof, or which otherwise adversely affects the quality of care and service, operations, assets, or the reputation of First Choice VIP Care. This includes critical incidents, sentinel events and never events, as defined below. The phrase "or risk thereof" includes any process variation for which an occurrence (as in a 'near miss') or recurrence would carry a significant chance of a serious adverse outcome.

Important definitions include:

- Sentinel Event Real-time identification of an unexpected occurrence that causes a member death or serious physical or psychological injury, or risk thereof, that included permanent loss of function. This includes medical equipment failures that could have caused a death and all attempted suicides. These events are referred to as "sentinel" because they signal the need for immediate investigation and response. Please note, the terms "sentinel event" and "medical error" as not synonymous; not all sentinel events occur because of an error and not all errors result in sentinel events.
- Critical Incident Retrospective identification of an unexpected occurrence that causes a member death or serious physical or psychological injury, or risk thereof, that

included permanent loss of function. Critical incidents differ from sentinel events only in terms of the timeframe in which they are identified.

• Never Event – Reportable adverse events that are serious, largely preventable, and of concern to both the public and health care providers for the purpose of public accountability. These events are clearly identifiable and measurable. Never events are also considered sentinel events, as defined above.

First Choice VIP Care's goals are to:

- Have a positive impact on improving patient care, treatment and services and prevent unusual occurrences;
- Focus the attention of the organization on understanding the causes that underlie the event, and on changing systems and processes to reduce the probability of such an event in the future; and,
- Increase general knowledge about unusual occurrences, their causes and strategies for prevention.

#### Managing Unusual Occurrences

Providers are expected to report unusual occurrences, as described above and including near misses, to First Choice VIP Care in real time. First Choice VIP Care recognizes that the safety of the involved member is the primary goal of the treating practitioner; therefore, allowance is made for the stabilization of the member prior to reporting. All unusual occurrences must be reported to the Plan within twenty-four (24) hours of occurrence. Reports may be made to the First Choice VIP Care Care Coordinator by calling 1-888-978-0151.

First Choice VIP Care will not take punitive action or retaliate against any person for reporting an unusual occurrence. The practitioners involved will be offered the opportunity to present factors leading to the unusual occurrence and to respond to any questions arising from the review of the unusual occurrence.

Once a First Choice VIP Care staff member identifies or is notified of an unusual occurrence, as defined above, the following procedures will take place to investigate and address the occurrence:

- 1. The First Choice VIP Care Medical Director is notified of the event via an incident report, telephone, email or personal visit as soon as reasonably possible after identification of the occurrence.
- 2. The First Choice VIP Care Medical Director will collaborate with the Medical Management, Quality and Compliance departments and investigate as appropriate. Certain occurrences may require review of medical records to assist in the investigation.
- 3. The Quality department leads the investigation; analysis and reporting of all identified unusual occurrences.
- 4. All unusual occurrences require root cause analysis. Root cause analysis is a process for identifying the basic or causal factors that underlie variation in performance, including the occurrence or possible occurrence of an unusual event. A root cause analysis focuses primarily on systems and processes, not on individual performance. A multidisciplinary team led by the Medical Director will perform all root cause analysis.
- 5. As appropriate, issues are identified for correction and corrective action plans are developed to prevent reoccurrence of the event. The corrective action plan will identify strategies that the organization intends to implement in order to reduce the risk of similar events occurring in the future. The plan will address responsibility for

implementation, oversight, time lines and strategies for measuring the effectiveness of the actions.

- 6. Confirmed critical incidents and sentinel events will be reported to the Pennsylvania Patient Safety Authority and the Contract Administrator within 24 hours of occurrence or as soon as a determination is made that the occurrence is a critical incident or sentinel event. Additionally, First Choice VIP Care will report all critical incidents and sentinel events, as well as actions taken, to the Pennsylvania Patient Safety Authority and the Contract Administrator on a quarterly basis.
- 7. As appropriate, other agencies will also be notified of confirmed critical incidents and sentinel events.
- 8. As appropriate, information from the investigation of unusual occurrences will be provided to the Credentialing Committee to support the re-credentialing process and to the QAPIC on a quarterly basis.

#### Reporting Provider Preventable Conditions

**Please refer to the "Claims Submission Protocols and Standards" section of this** *Provider Manual* for more information regarding the First Choice VIP Care reimbursement policy on provider preventable conditions and how to report such conditions via the claims process.

### **Potential Quality of Care Concerns**

Potential quality of care concerns are investigated by First Choice VIP Care.

**The Medical Director's outcome determination of the qu**ality of care concern may result in a referral to the Quality Assessment Performance Improvement Committee (QAPIC) for further review. The QAPIC may recommend action including, but not limited to, panel restriction or termination from First Choice VIP Care Network.

If the concern is referred to the QAPIC, follow-**up actions are conducted based on the QAPIC's** recommendation(s), which may include sanctioning the practitioner/provider.

If the QAPIC investigation involves a reportable action, the appropriate practitioner/provider's case information will be reported to the National Practitioner Data Bank (NPDB) and State regulatory agencies as required.

The QAPIC reserves the right to impose any of the following actions, based on its discretion:

- Requiring the practitioner/provider to submit a written description and explanation of the quality of care event or issue as well as the controls and/or changes that have been made to processes to prevent similar quality issues from occurring in the future. In the event that the practitioner/provider does not provide this explanation, the QAPIC may impose further actions.
- Conducting a medical record audit.
- Requiring that the practitioner/provider conform to a corrective action plan which may include continued monitoring by First Choice VIP Care to ensure that adverse events do not continue. This requirement will be documented in writing. A corrective action plan may also include provisions that the practitioner/provider maintain an acceptable pass/fail score with regard to a particular performance metric.

• Implementing formal sanctions, including termination from the First Choice VIP Care network if the offense is deemed an immediate threat to the well-being of First Choice VIP Care members. First Choice VIP Care reserve the right to impose formal sanctions if the practitioner/provider does not agree to abide by any of the corrective actions listed above.

At the conclusion of the investigation of the QAPIC, the practitioner/provider will be notified by letter of the concern and of the actions recommended by the QAPIC, including an appropriate time period within which the practitioner/provider must conform to the recommended action.

### **Formal Sanctioning Process**

It is the goal of First Choice VIP Care to assure members receive quality health care services. In the event that health care services rendered to a member by a Network Provider represent a serious deviation from, or repeated non-compliance with, First Choice VIP Care 's quality standards, and/or recognized treatment patterns of the organized medical community, the Network Provider may be subject to First Choice VIP Care's formal sanctioning process.

Following a determination to initiate the formal sanctioning process, First Choice VIP Care will send the practitioner/provider written notification of the following by certified mail or via another means providing for evidence of receipt. The notice will include:

- The reason(s) for proposed action and information on the practitioner/provider's right to request a hearing with First Choice VIP Care on the proposed action
- The practitioner/provider has thirty (30) days following receipt of notification within which to submit a written request for a hearing. Otherwise, the right to a hearing will be forfeited. The practitioner/provider must submit the hearing request by certified mail, and must state what section(s) of the proposed action he/she wishes to contest
- Notification that the practitioner/provider may waive his/her right to a hearing and that the right will be considered waived if no written request for a hearing is submitted.

### Notice of Hearing

If the practitioner/provider requests a hearing in a timely manner the practitioner/provider will be notified of the following in writing:

- The place, date, and time of the hearing, which will not be less than thirty (30) days after the date of the notice
- That the practitioner/provider has the right to request postponement of the hearing, which may be granted for good cause as determined by the First Choice VIP Care Medical Director and/or upon advice of First Choice VIP Care Legal Affairs department
- A list of witnesses (if any) expected to testify at the hearing on behalf of First Choice VIP Care.

### Conduct of the Hearing and Notice

The hearing will be held before:

• A panel of individuals appointed by First Choice VIP Care (the Hearing Panel)

- Individuals on the Hearing Panel will not be in direct economic competition with the practitioner/provider involved, nor will they have participated in the initial decision to propose sanctions
- The Hearing Panel will be composed of physician members of First Choice VIP Care 's quality-related committees, First Choice VIP Care 's Medical Director and/or designee, and other physicians and administrative persons affiliated with First Choice VIP Care as deemed appropriate by First Choice VIP Care 's Medical Director, such as legal counsel
- First Choice VIP Care 's Medical Director or his/her designee serves as the hearing officer
- The right to the hearing will be forfeited if the practitioner/provider fails, without good cause, to appear.

### Practitioner/Provider's Hearing Rights

The practitioner/provider has the right to:

- Representation by an attorney or other person of the practitioner/provider's choice;
- Have a record made of the proceedings (copies of which may be obtained by the practitioner/provider upon payment of reasonable charges associated with the preparation);
- Call, examine, and cross-examine witnesses;
- Present evidence determined to be relevant by the hearing officer, regardless of its admissibility in a court of law;
- Submit a written statement at the close of the hearing;
- Receive the written recommendation(s) of the Hearing Panel within fifteen (15) working days of completion of the hearing, including statement of the basis for the Hearing
   Panel's recommendation(s), which will be provided by certified mail or via another means providing for evidence of receipt; and
- Receive First Choice VIP Care written decision within sixty (60) days of completion of the hearing, including the basis for First Choice VIP Care decision(s), which will be provided by certified mail or via another means providing for evidence of receipt.

Appeal of First Choice VIP Care Decision

The practitioner/provider may request an appeal after the final decision of First Choice VIP Care.

The practitioner/provider must submit a written appeal by certified mail or via another means providing evidence of receipt, within thirty (30) days of the receipt of First Choice VIP Care decision; otherwise the right to appeal is forfeited.

Written appeal will be reviewed and a decision rendered by First Choice VIP Care QAPIC within forty-five (45) days of receipt of the notice of the appeal.

### **Summary Actions Permitted**

The following summary actions can be taken, without the need to conduct a hearing, by the President of First Choice VIP Care or by the First Choice VIP Care Medical Director:

- Suspension or restriction of First Choice VIP Care participation status for up to fourteen (14) days, pending an investigation to determine the need for formal sanctioning process, or
- Immediate suspension or revocation, in whole or in part, of panel membership or participating practitioner/provider status, subject to subsequent notice and hearing, when it is determined that failure to take such action may result in immediate danger to the health and/or safety of any individual. A hearing will be held within thirty (30) days of the summary action to review the basis for continuation or termination of this action.

### Prohibition on Payments to Excluded/Sanctioned Persons

In addition, pursuant to section 1128A of the Social Security Act and 42 CFR 1001.1901, First Choice VIP Care may not make payment to any person or an affiliate of a person who is debarred, suspended or otherwise excluded from participating in the Medicare, Medicaid or other Federal health care programs.

A Sanctioned Person is defined as any person or affiliate of a person who is (i) debarred, **suspended or excluded from participation in Medicare, Medicaid, the State Children's Health** Insurance Program (SCHIP) or any other Federal health care program; (ii) convicted of a criminal offense related to the delivery of items or services under the Medicare or Medicaid program; or (iii) had any disciplinary action taken against any professional license or certification held in any state or U.S. territory, including disciplinary action, board consent order, suspension, revocation, or voluntary surrender of a license or certification.

Upon request of First Choice VIP Care, a Provider will be required to furnish a written certification to First Choice VIP Care that it does not have a prohibited relationship with an individual or entity that is known or should be known to be a Sanctioned Person.

A Provider is required to immediately notify First Choice VIP Care upon knowledge that any of its contractors, employees, directors, officers or owners has become a Sanctioned Person, or is under any type of investigation which may result in their becoming a Sanctioned Person. In the event that a Provider cannot provide reasonably satisfactory assurance to First Choice VIP Care that a Sanctioned Person will not receive payment from First Choice VIP Care under the Provider Agreement, First Choice VIP Care may immediately terminate the Provider Agreement. First Choice VIP Care reserves the right to recover all amounts paid by First Choice VIP Care VIP Care for items or services furnished by a Sanctioned Person.

# Section VIII Cultural Competency Plan

# VIII. Cultural Competency Plan

### Introduction

Embedded in all of our efforts is a culturally and linguistically appropriate approach to the delivery of health care services. We foster cultural awareness both in our staff and in our provider community by leveraging ethnicity and language data to ensure that the cultures prevalent in our membership are reflected to the greatest extent possible in our provider network.

First Choice VIP Care routinely examines the access to care standards for both the general population and the population who speaks a threshold language. A threshold language is a language spoken by at least five (5) percent of First Choice VIP Care's population. In addition, every edition of the provider newsletter includes a pertinent article on addressing cultural or language issues.

Our Cultural Competency program, led by a cross-departmental workgroup, has been built upon the following fourteen (14) national standards for Culturally and Linguistically Appropriate Services (CLAS) as set forth by the U.S. Department of Health and Human Services:

- Each First Choice VIP Care member experiences culturally and linguistically competent care that considers the values, preferences and expressed needs of the member.
- First Choice VIP Care has built a staff that adequately mirrors the diversity of the member service area.
- First Choice VIP Care provides ongoing education and training in CLAS delivery to staff at all levels and across all disciplines.
- First Choice VIP Care offers language assistance services, including bilingual staff and interpreter services, at no cost, to members with Limited English Proficiency (LEP).
- First Choice VIP Care assures the competency of language assistance services and requires that friends and family are not providing interpretation services (except upon request by and with informed consent of the member).
- First Choice VIP Care informs members, in a language they can understand, that they have the right to free language services and that these services are readily available.
- The First Choice VIP Care language assistance program ensures that written materials routinely provided in English to members, applicants, and the public are available in commonly encountered languages other than English.
- First Choice VIP Care has developed, implemented and promoted a written strategic action plan to ensure CLAS.
- First Choice VIP Care assesses CLAS-related activities and incorporates mechanisms to measure the success of these activities into our internal audits, performance improvement programs, member satisfaction surveys and outcomes-based evaluations.
- First Choice VIP Care validates that data on members' race, ethnicity, and spoken and written language are collected in health records, and ensures that such data are integrated into our management information systems and updated as needed.
- First Choice VIP Care maintains a current demographic and cultural profile and needs assessment of our service area. This demographic and cultural profile is used in

planning services that respond to the cultural and linguistic characteristics of our service area.

- First Choice VIP Care is committed to both community and member involvement in designing and implementing CLAS-related activities by our Member Advisory Council.
- First Choice VIP Care's grievance and appeals process is culturally and linguistically sensitive and capable of identifying, preventing, and resolving cross-cultural conflicts or complaints by members.
- First Choice VIP Care publicizes information regarding our progress and success in implementing CLAS standards and also provides public notice regarding the availability of this information.

## **Cultural and Linguistic Requirements**

Section 601 of Title VI of the Civil Rights Act of 1964 states that:

No person in the United States shall, on the grounds of race, color or national origin, be excluded from participation in, be denied of, or be subjected to discrimination under any program or activity receiving federal financial assistance.

Title III of the Americans with Disabilities Act (ADA) states that public accommodations must comply with basic non-discrimination requirements that prohibit exclusion, segregation, and unequal treatment of any person with a disability. Public accommodations must specifically comply with, among other things, requirements related to effective communication with people with hearing, vision, or speech disabilities, and other physical access requirements.

As a provider of health care services who receives federal financial payment through the Medicare and Medicaid programs, you are responsible to make arrangements for language services for members, upon request, who are either Limited English Proficient (LEP) or Low Literacy Proficient (LLP) to facilitate the provision of health care services to such members.

Communication, whether in written, verbal, or "other sensory" modalities is the first step in the establishment of the patient/health care provider relationship. The key to ensuring equal access to benefits and services for LEP, LLP and sensory impaired members is to ensure that you, our Network Provider, can effectively communicate with these members. Plan providers are obligated to offer translation services to LEP and LLP members upon request and to make reasonable efforts to accommodate members with other sensory impairments.

Providers should discourage members from using family or friends as oral translators. Members should be advised that translation services from First Choice VIP Care are available. Providers are required to:

- Provide written and oral language assistance at no cost to plan members with limited English proficiency or other special communication needs, at all points of contact and during all hours of operation. Language access includes the provision of competent language interpreters, upon request.
- Provide members verbal or written notice (in their preferred language or format) about their right to receive free language assistance services.

• Post and offer easy-to-read member signage and materials in the languages of the common cultural groups in your service area. Vital documents, such as patient information forms and treatment consent forms, must be made available in other languages and formats.

*Note:* The assistance of friends, family, and bilingual staff is not considered competent, quality interpretation. These persons should not be used for interpretation services except where a member has been made aware of his/her right to receive free interpretation services and continues to insist on using a friend, family member, or bilingual staff for assistance in his/her preferred language.

When a member uses First Choice VIP Care's interpretation services, the provider must sign, date and complete documentation in the medical record in a timely manner.

First Choice VIP Care contracts with a competent telephonic interpreter service provider. We have an arrangement to make our corporate rate available to participating plan providers. If you need more information on using this telephonic interpreter service, please contact Provider Services at 1-888-978-0151.

Health care providers who are unable to arrange for interpretation services for an LEP, LLP or sensory impaired member should contact First Choice VIP Care Member Services at 1-888-996-0499 (TTY: 711 and a representative will help locate a professional interpreter to communicate in the member's primary language.

Additionally under the Culturally Linguistically Appropriate Standards (CLAS) of the Office of Minority Health, Plan Providers are strongly encouraged to:

- Provide effective, understandable, and respectful care to all members in a manner compatible with the member's cultural health beliefs and practices of preferred language/format;
- Implement strategies to recruit, retain, and promote a diverse office staff and organizational leadership representative of the demographics in your service area;
- Educate and train staff at all levels, across all disciplines, in the delivery of culturally and linguistically appropriate services;
- Establish written policies to provide interpretive services for plan members upon request; and,
- Routinely document preferred language or format, such as Braille, audio, or large type, in all member medical records.

### **Contact Information**

For additional information and to view the CLAS standards go to

https://minorityhealth.hhs.gov/omh/browse.aspx?lvl=2&lvlid=53. For language assistance services, contact First Choice VIP Care at 1-888-978-0151 or go to <a href="https://www.firstchoicevipcare.com">www.firstchoicevipcare.com</a>.

**Provider Manual** 

# Section IX Claims Submission Protocols and Standards

# IX. Claims Submission Protocols and Standards

### **Encounter Reporting**

# CMS defines an "encounter" as "an interaction between an individual and the health care system."

Encounters occur whenever a First Choice VIP Care member is seen in a provider's office or facility, whether the visit is for preventive health care services or for treatment due to illness or injury. An encounter is any health care service provided to a member of First Choice VIP Care. Encounters must result in the creation and submission of an encounter record (CMS-1500 or UB-04 form or electronic submission) to First Choice VIP Care. The information provided on these records represents the encounter data provided by First Choice VIP Care to CMS.

### **Completion of Encounter Data/Claim Submission**

Each provider must complete and submit a CMS-1500 or UB-04 form or file an electronic claim every time a First Choice VIP Care member receives services from that provider. Completion of the CMS-1500 or UB-04 form or electronic claim is important for the following reasons:

- It provides a mechanism for reimbursement of medical services.
- It allows First Choice VIP Care to gather statistical information regarding the medical services provided to members, which better support our statutory reporting requirements.
- It allows First Choice VIP Care to identify the severity of illnesses of our members.

First Choice VIP Care can accept claim submissions via paper or electronically (EDI). In order to support timely statutory reporting requirements, we encourage all providers to submit claims within thirty (30) days of the visit. However, all claims must be submitted within 365 calendar days from the date services were rendered or compensable items were provided.

The following mandatory information is required on the CMS-1500 form for an encounter:

- Member's (patient's) name
- Member's First Choice VIP Care ID number
- Member's correct date of birth and address
- Other insurance information: company name, address, policy and/or group number
- Amounts paid by other insurance (with copies of matching EOBs for paper submissions)
- Information advising if member's condition is related to employment, auto accident or liability suit
- Date(s) of service, admission, discharge
- Primary, secondary, tertiary and quaternary ICD-10-CM/PCS diagnosis codes, coded to the highest level of specificity available
- Authorization number, as applicable
- Name and NPI of referring physician, if appropriate
- HCPCS procedures, services or supplies codes
- CPT procedure codes with appropriate modifiers
- Revenue codes
- CMS place of service code
- Charges (per line and total)

- Days and units
- Physician/supplier Federal Tax Identification Number or Social Security Number
- National Provider Identifier (NPI) and Taxonomy
- Physician/supplier/facility billing name, address, zip code, and telephone number
- Name and address of the facility where services were rendered
- NDC's required for physician administered injectable drugs
- Invoice date
- Signature
- Other required indicators based on service type

First Choice VIP Care monitors encounter data submissions for accuracy, timeliness and completeness through claims processing edits and through network provider profiling activities. Encounters can be rejected or denied for inaccurate, untimely and incomplete information. Network providers will be notified of the rejection via a remittance advice and are expected to resubmit corrected information to First Choice VIP Care within 365 days from the date of service. Network providers may also be subject to sanctioning by First Choice VIP Care for failure to submit accurate encounter data in a timely manner.

The First Choice VIP Care Provider Services Department at 1-888-978-0151 can address questions concerning claims submission.

# Presence of Referring/Ordering Physician NPI on Claims Submissions

First Choice VIP Care requires the presence of a National Provider Identifier (NPI) of an ordering or referring physician on the claim submission. The presence of the ordering or referring provider's NPI makes it possible for First Choice VIP Care to determine whether the ordering or referring physician or other professional is not excluded or sanctioned. The ordering, referring, prescribing provider's information including name and NPI should be submitted on paper claims in box 17, and 17b for referring and ordering provider on the CMS-1500 form and field 78 for referring and ordering provider on the UB-04 form or any electronic version of the professional claim.

### **General Procedures for Claim Submission**

First Choice VIP Care is required by state and Federal regulations to capture specific data regarding services rendered to its members. All billing requirements must be adhered to by the provider in order to ensure timely processing of claims.

When required data elements are missing or are invalid, claims will be <u>rejected</u> by First Choice VIP Care for correction and resubmission. Claims for billable services provided to First Choice VIP Care members must be submitted by the provider who performed the services.

Claims filed with First Choice VIP Care are subject to the following procedures:

- Verification that all required fields are completed on the CMS-1500 or UB-04 forms.
- Verification that all diagnosis and procedure codes are valid for the date of service.

- Verification of member eligibility for services under First Choice VIP Care during the time period in which services were provided.
- Verification that the services were provided by a participating provider or that an out-ofnetwork provider has received authorization to provide services to the eligible member.
- Verification that the provider is eligible to participate with the Medicare Program at the time of service.
- Verification that an authorization or referral has been given for services that require prior authorization or referral by First Choice VIP Care.
- Verification of whether there are any other third-party resources and, if so, verification that First Choice VIP Care is billed appropriately and all applicable payments are reported to First Choice VIP Care.
- First Choice VIP Care accepts paper and electronic claims. Plan providers and practitioners are encouraged to submit claims electronically for faster processing.

### **Electronic Claims Submission (EDI – Electronic Data Interchange)**

First Choice VIP Care encourages all providers to submit claims electronically. For those interested in electronic claim filing, please contact your EDI software vendor or Change **Healthcare's** Provider Support Line at 1-877-363-3666 for more information.

There are many different products that may be used to bill electronically. As long as you have the capability to send EDI claims to Change Healthcare, whether through direct submission or through another clearinghouse/vendor, you may submit claims electronically.

Providers interested in sending claims electronically may contact the EDI Technical Support Hotline at 1-877-363-3666 to arrange transmission and for assistance in beginning electronic submissions. When ready to proceed:

- Contact your EDI software vendor or Change Healthcare at 1-877-363-3666 to inform them you wish to initiate electronic claim submissions to First Choice VIP Care.
- Be prepared to inform the vendor of the Plan's electronic payer identification number.

First Choice VIP Care EDI Payer ID#: 32456

Providers interested in using EFT should reach out to Change Healthcare at 1-866-506-2830 and for ERA at 1-877-363-3666. You may also locate the necessary enrollment forms at the following link: <u>https://support.changehealthcare.com/customer-</u><u>resources/enrollment-services</u>. Enrollment in EFT will require your First Choice VIP Care provider ID number (trading partner ID #). If you do not know your provider ID number you may contact Provider Services to obtain it.

### **Paper Claim Mailing Instructions**

Please submit paper claims to the appropriate address below:

First Choice VIP Care Claims Processing Department P.O. Box 7182 London, KY 40742-7182

# **Claim Filing Deadlines**

All original paper and electronic claims must be submitted to First Choice VIP Care <u>within 365</u> <u>calendar days</u> from the date services were rendered (or the date of discharge for inpatient admissions). Please allow for normal processing time before re-submitting a claim either through the EDI or paper process. This will reduce the possibility of your claim being rejected as a duplicate claim. Claims are not considered as received under timely filing guidelines if rejected for missing or invalid provider or member data.

Claims must be received by the EDI vendor by 9:00 p.m. in order to be transmitted to the Plan the next business day.

Rejected claims are defined as claims with missing or invalid data elements, such as the provider tax identification number or member ID number, that are returned to the provider or EDI source without registration in the claim processing system. Rejected claims are not registered in the claim processing system and can be re-submitted as a new claim. Claims originally rejected for missing or invalid data elements must be re-submitted with all necessary and valid data within 365 calendar days from the date services were rendered (or the date of discharge for inpatient admissions).

Denied claims are registered in the claim processing system but do not meet requirements for payment under First Choice VIP Care guidelines. They should be re-submitted as a corrected claim. Claims originally denied may be re-submitted as a corrected claim within 365 calendar days of the date of service (or the date of discharge for inpatient admissions) for any reason(s) other than timely filing.

Claims with Explanation of Benefits (EOBs) from primary insurers must be submitted within sixty (60) days of the date on the primary insurer's EOB.

Common Causes of Claim Processing Delays, Rejections or Denials

Authorization Number Invalid or Missing – A valid authorization number must be included on the claim form for all services requiring prior authorization.

Attending Physician ID Missing or Invalid – Inpatient claims must include the name of the physician who has primary responsibility for the patient's medical care or treatment, and the medical license number on the appropriate lines in field number 76 (Attending Physician ID) of the UB-04 (CMS-1450) claim form. A valid medical license number is formatted as two alpha, six numeric, and one alpha character (AANNNNNA) OR two alpha and six numeric characters (AANNNNNN).

Billed Charges Missing or Incomplete – A billed charge amount must be included for each service/procedure/supply on the claim form.

Diagnosis Code Missing Digits or Not Coded to the Highest Level of Specificity – Precise coding sequences must be used in order to accurately complete processing. Review the ICD-10-CM/PCS manual to ensure the highest level of specificity is coded. Look for the digit number symbols in the manual to determine when additional digits are required. Diagnosis, Procedure or Modifier Codes Invalid or Missing Coding from the most current coding manuals (ICD-10-CM/PCS, CPT, HCPCS or successor codes) is required in order to accurately complete processing. All applicable diagnosis, procedure and modifier fields must be completed.

EOBs (Explanation of Benefits) from Primary Insurers Missing or Incomplete – A copy of the EOB from all third party insurers must be submitted with the original claim form. Include pages with run dates, coding explanations and messages.

External Cause of Injury Codes – External Cause of Injury "E" diagnosis codes should not be billed as primary and/or admitting diagnosis.

Future Claim Dates – Claims submitted for Medical Supplies or Services with future claim dates will be denied; for example, a claim submitted on October 1 for bandages that are delivered for October 1 through October 31 will deny for all days except October 1.

Handwritten Claims –Illegible handwritten claims will be rejected. (See "Illegible Claim Information")

Highlighted Claim Fields - (See "Illegible Claim Information")

Illegible Claim Information – Information on the claim form must be legible in order to avoid delays or inaccuracies in processing. Review billing processes to ensure that forms are typed or printed in black ink, that no fields are highlighted (this causes information to darken when scanned or filmed), and that spacing and alignment are appropriate. Handwritten information often causes delays or inaccuracies due to reduced clarity.

Incomplete Forms – All required information must be included on the claim forms in order to ensure prompt and accurate processing.

Member Name Missing – The name of the member must be present on the claim form and must match the information on file with First Choice VIP Care.

Member Plan Identification Number Missing or Invalid – First Choice VIP Care assigned member identification number must be included on the claim form or electronic claim submitted for payment.

Member Date of Birth Does Not Match Member ID Submitted – A newborn claim submitted with the mother's ID number will be pended for manual processing causing delay in prompt payment.

Payer or Other Insurer Information Missing or Incomplete – Include the name, address and policy number for all insurers covering First Choice VIP Care member.

Place of Service Code Missing or Invalid – A valid and appropriate two digit numeric code must be included on the claim form. Refer to CMS-1500 coding manuals for a complete list of place of service codes.

Provider Name Missing – The name of the provider of service must be present on the claim form and must match the service provider name and TIN on file with First Choice VIP Care.

Provider NPI Number Missing or Invalid – A valid individual NPI and, if applicable, the group NPI numbers for the service provider must be included on the claim form.

Referring Provider Name Missing – The name of the referring provider of service must be present on the claim form and must match the service provider name and TIN on file with First Choice VIP Care.

Referring Provider NPI Number Missing or Invalid – The individual NPI and, if applicable, the group NPI numbers for the referring provider must be included on the claim form. Nontraditional providers who are not required to obtain a NPI use their Tax Identification Number or Social Security number when rendering services to members.

Revenue Codes Missing or Invalid – Facility claims must include a valid four-digit numeric revenue code. Refer to UB-04 coding manuals for a complete list of revenue codes.

Spanning Dates of Service Do Not Match the Listed Days/Units – Span-dating is only allowed for identical services provided on consecutive dates of service. Always enter the corresponding number of consecutive days in the days/unit field.

Tax Identification Number (TIN) Missing or Invalid - The Tax ID number <u>must be</u> <u>present and must match the service provider name and payment entity</u> (vendor) on file with First Choice VIP Care.

Third Party Liability (TPL) Information Missing or Incomplete – Any information indicating a work-related illness/injury, no-fault or other liability condition must be included on **the claim form. Additionally, a copy of the primary insurer's explanation of benefits (EOB)** or applicable documentation must be forwarded along with the claim form.

Type of Bill – This is a code indicating the specific type of bill (e.g., hospital inpatient, outpatient, replacements, voids, etc.). The first digit is a leading zero. Do not include the leading zero on electronic claims.

Taxonomy – Include a valid provider taxonomy number, if required First Choice VIP Care.

### **Prospective Claims Editing Policy**

First Choice VIP Care claim payment policies, and the resulting edits, are based on guidelines from established industry sources such as the Centers for Medicare and Medicaid Services (CMS), the American Medical Association (AMA), State regulatory agencies and medical specialty professional societies. In making claim payment determinations, the health plan also uses coding terminology and methodologies that are based on accepted industry standards, including the Healthcare Common Procedure Coding System (HCPCS) manual, the Current Procedural Terminology (CPT) codebook, the International Statistical Classification of Diseases and Related Health Problems (ICD) manual and the National Uniform Billing Code (NUBC).

Other factors affecting reimbursement may supplement, modify or in some cases, supersede medical/claim payment policy. These factors may include, but are not limited to: legislative or **regulatory mandates, a provider's contract, and/or a member's eligibility to receive covered** health care services.

### **IMPORTANT BILLING REMINDERS**

### **Claims Inquiry**

If a provider does not receive payment for a claim within forty-five (45) days or has concerns regarding any claim issue, claims status information is available by:

- Visiting the provider area of First Choice VIP Care website, to access a free, web-based solution for electronic transactions and information through a multi-payer portal (NaviNet).
- Calling Provider Services at 1-888-978-0151.

### **Balance Billing Members**

Section 1902(n)(3)(B) of the Social Security Act, as modified by Section 4714 of the Balanced Budget Act of 1997, prohibits Medicare providers from balance billing Qualified Medicare Beneficiaries (QMB) for Medicare cost-sharing. All payments from First Choice VIP Care to participating Plan providers must be accepted as payment in full for services rendered. In the event of a balance from deductible/copayment/or coinsurance, providers should submit claims to Healthy Connections Medicaid. Members may <u>not</u> be balanced billed for medically necessary covered services under any circumstances. All providers are encouraged to use the claims dispute processes to resolve any outstanding claims payment issues.

### **Claim Disputes**

A claim dispute is a request from a provider for First Choice VIP Care to review and reconsider a payment amount made by First Choice VIP Care. Providers may dispute full or partial payments made by First Choice VIP Care if the provider disagrees with First Choice VIP Care's payment amount. Examples of circumstances that may give rise to a provider dispute are:

- Where the amount paid for a Medicare-covered service is less than the amount that would have been paid under Original Medicare.
- Where First Choice VIP Care paid for a different service or more appropriate code than what was billed.

If you believe the payment amount you received for treating our member is less than the expected payment, you have the right to dispute that payment. Requests for a claims dispute may be submitted by calling Provider Services at 1-888-978-0151or in writing within one hundred eighty (180) calendar days of the date of the initial remittance advice from First Choice VIP Care using the Provider Claims Dispute form which is available on our website. If the form is not used you must include the following:

- 1. Submitter contact information (name, phone number)
- 2. Provider information (name, phone number, NPI number, Tax ID number)
- 3. Member information (name, DOB, member ID number)
- 4. Claim information (claim number, DOS, billed amount)
- 5. Reason for dispute

6. Any documentation which supports your position that the plan's reimbursement is not correct.

Mail your claims dispute to:

First Choice VIP Care Claims Processing Department P.O. Box 7182 London, KY 40742-7182

We will review your request and respond to you within 30 calendar days. If we agree with you, we will adjust the claims and pay any additional money that is due. We will also inform you if the decision is to uphold the original payment decision.

### **Claim Appeals**

Contracted providers may only appeal claim denials **as the member's** authorized representative. **Participating providers appealing on the member's behalf must comp**lete the Appointment of Representative form found in the Member section under Appeals and Grievance at <u>www.firstchoicevipcare.com</u>. See section VI, Member Grievances and Appeals for more information.

### Refunds or Recoveries for Improper Payment or Overpayment of Claims

If a First Choice VIP Care provider identifies improper payment or overpayment of claims from First Choice VIP Care, the improperly paid or overpaid funds must be returned to First Choice VIP Care. Providers are required to return the identified funds to First Choice VIP Care by submitting a refund check directly to the appropriate claims processing department:

First Choice VIP Care Attn: Provider Refunds P.O. Box 7182 London, KY 40742-7182

#### Note: Please include the member's name and ID, date of service and claim ID.

If First Choice VIP Care identifies an overpayment, the provider will receive a notice explaining the overpayment. This notice will identify the reason for the overpayment, including claim payment detail, the amount of the overpayment, and time frames for responding to the overpayment notice. The notice will also include processing instructions, which are as follows:

### **Provider Manual**

If you	Then
Agree with the overpayment notice	<ul><li>The provider does not need to do anything.</li><li>The claims will be reprocessed and all overpayments will be</li></ul>
Have questions regarding the recovery or the calculation of the overpayment amount	<ul> <li>recovered from future payments</li> <li>Contact Provider Claim Services 1-888-978-0151</li> </ul>
	Refer to the Project Number from the letter when calling or sending an e-mail.
Do not agree with our findings and would like to dispute the overpayment notice	The provider <u>must</u> notify us in writing. The letter should include the following:
	A copy of the letter the provider received from us with the Project Number
	The reason for the dispute with our findings
	• Supporting documentation for the dispute including claims information
	Send correspondence to:
	First Choice VIP Care P.O. Box 7182
	London, KY 40742-7182
Would like to send a check for the recovery amount	The provider submit a check
	AND
	a copy of the letter the provider received from us with the Project Number to the following address:
	First Choice VIP Care 200 Stevens Dr. Attn: CRRU CC286 Philadelphia, PA 19113

### **Program Integrity**

First Choice VIP Care is obligated to ensure the effective use and management of public resources in the delivery of services to its Members. First Choice VIP Care does this in part through its Program Integrity department whose programs are aimed at the accuracy of claims payments and to the detection and prevention of fraud, waste, or abuse. In connection with these programs, you may receive written or electronic communications from or on behalf of First Choice VIP Care, regarding payments or recovery of potential overpayments. The Program Integrity department utilizes both internal and external resources, including third party vendors, to help ensure claims are paid accurately and in accordance with your provider contract. Examples of these Program Integrity initiatives include:

- Prospective (Pre-claims payment)
  - Claims editing policy edits (based on established industry guidelines/standards such as Centers for Medicare and Medicaid Services ("CMS"), the American Medical Association ("AMA"), state regulatory agencies, as applicable, or First Choice VIP Care medical/claim payment policy) are applied to prepaid claims.
  - Medical Record/Itemized Bill review a medical record and/or itemized bill may be requested in some instances prior to claims payment to substantiate the accuracy of the claim.
    - Please note: Claims requiring itemized bills or medical records will be denied if the supporting documentation is not received within the requested timeframe.
  - **Coordination of Benefits ("COB")** Process to verify third party liability to ensure that First Choice VIP Care is only paying claims for members where First Choice VIP Care is responsible, i.e. where there is no other health insurance coverage.
  - Within the clearinghouse environment, a review of claim submission patterns will be performed to identify variances from industry standards and peer group norms. If such variations are identified, you may be requested to take additional actions, such as verifying the accuracy of your claim submissions, prior to the claim advancing to claims processing.
- Retrospective (Post-claims payment)
  - Third Party Liability ("TPL")/Coordination of Benefits ("COB")/Subrogation

     The effect of this rule is if First Choice VIP Care determines a member has
     other health insurance coverage, payments made by First Choice VIP Care
     may be recovered.
  - Please also see Section IX for further description of TPL/COB/Subrogation.
  - Data Mining Using paid claims data, First Choice VIP Care identifies trends and patterns to determine invalid claim payments or claim overpayments for recovery.
  - Medical Records Review/Itemized Bill review a Medical record and/or itemized bill may be requested to validate the accuracy of a claim submitted as it relates to the itemized bill. Validation of procedures, diagnosis or diagnosis-related group ("DRG") billed by the provider. Other medical record reviews include, but are not limited to, place of service validation, readmission review and pharmacy utilization review.
    - Please note if medical records are not received within the requested timeframe, First Choice VIP Care will recoup funds from the provider. Your failure to provide medical records creates a presumption that the claim as submitted is not supported by the records.
- Credit Balance Issues
  - Credit balance review service conducted in-house at the provider's facility to assist with the identification and resolution of credit balances at the request of the provider.

• Overpayment Collections – Credit balances that have not been resolved in a timely manner will be subject to offset from future claims payments and/or referred to an external collections vendor to pursue recovery.

If you have any questions regarding the programs or the written communications about these programs and actions that you need to take, please refer to the contact information provided in each written communication to expedite a response to your question or concerns.

Prior authorization is not a guarantee of payment for the service authorized. First Choice VIP Care reserves the right to adjust any payment made following a review of the medical records or other documentation and/or following a determination of the medical necessity of the services provided. Additionally, payment may also be **adjusted if the member's** eligibility changes between the time authorization was issued and the time the service was provided.

### **Readmission Review Program**

First Choice VIP Care's readmission review program involves the retrospective review of a patient's subsequent admission to the same acute, general, short-term hospital or hospital system within thirty (30) calendar days of discharge for the same diagnoses-related group (DRG). This applies to acute inpatient admissions only and neither the day of discharge nor the day of admission is counted when determining whether a readmission has occurred. Although First Choice VIP Care is not a Quality Improvement Organization (QIO), First Choice VIP Care is following CMS guidelines on readmission reviews in the Medicare Quality Improvement Organization (QIO) Manual (Chapter 4, Section 4240 Readmission Review), as a means to monitor the quality of care delivered to our members.

A readmission is clinically related to an earlier admission if it is for the same, similar, or related diagnosis as the initial admission. Clinically related readmissions may fall into any of the following categories:

- 1. The readmission is for a same or similar reason as the initial admission (e.g., readmission for hypertension following an initial admission for hypertension; readmission for a kidney stone following an initial admission for a urinary tract infection; readmission for ketosis following admission of poorly controlled diabetes);
- 2. The readmission is for an acute decompensation of a chronic problem that was not related to the initial admission but was plausibly related to care either during or immediately after the initial admission (e.g., a readmission for previously diagnosed hypertension in a patient whose initial admission was for an acute myocardial infarction);
- 3. The readmission is for an acute medical complication plausibly related to care during the initial admission (e.g., a patient with a colostomy repair discharged with a colostomy bag readmitted for treatment of infection at the surgical site);
- 4. The readmission is due to an unplanned surgical procedure to address a continuation or a recurrence of the problem causing the initial admission (e.g., a patient readmitted for a subdural hematoma evacuation following an initial admit for mental status changes, headache and hypertension); or

5. The readmission is due to an unplanned surgical procedure to address a complication resulting from care during the initial admission (e.g., a readmission for drainage of a post-operative wound abscess following an initial admission for a colostomy bag placement).

Upon determination that a readmission is clinically related to an earlier admission, the readmission will be further reviewed to determine if it was potentially preventable, meaning that it could have been prevented by one or more of the following:

- 1. Providing optimal quality care during the initial hospitalization
- 2. Providing optimal discharge planning
- 3. Providing optimal post-discharge follow-up
- 4. Optimal coordination between inpatient and outpatient health care teams

First Choice VIP Care has contracted with a third party vendor to assist us with the readmission review process. This vendor will be responsible for the initial review of the claim, to determine if it meets the criteria of a readmission; for requesting medical records and conducting a review to determine if the readmission was clinically related to the first admission, and to help determine if it was a potentially preventable admission. If all criteria are met, the vendor will send the findings to First Choice VIP Care's Medical Director for review and validation. If the review findings are validated, the vendor will send a denial notice to the hospital on behalf of First Choice VIP Care. The denial will result in the full take back of claim payment for the readmissions into one claim. Provider may then submit a replacement claim combining the two admissions into one claim. Providers have the right to appeal this determination as noted in this Provider Manual. Results of First Choice VIP Care's Quality department.

### Third Party Liability/Subrogation

In the event of an accidental injury (personal or automobile) where a third party payer is deemed to have liability and makes payment for services that have been considered and paid under the First Choice VIP Care contract, First Choice VIP Care will be entitled to recover any funds up to the amount owed by the third party payer.

### ADDITIONAL INFORMATION FOR ELECTRONIC BILLING

### Invalid Electronic Claim Record Rejections/Denials

All claim records sent to First Choice VIP Care must first pass Change Healthcare HIPAA edits and Plan specific edits prior to acceptance. Claim records that do not pass these edits are invalid and will be rejected without being recognized as received at the Plan. In these cases, the claim must be corrected and resubmitted with all necessary and valid data elements within the required filing deadline of 365 days from the date the initial claim was rejected. It is important that you review the Acceptance or R059 Plan Claim Status reports received from Change Healthcare or your EDI software vendor in order to identify and resubmit these claims accurately.

### Monitoring Reports for Electronic Claims

Change Healthcare will produce an Acceptance Report\* and a R059 Plan Claim Status Report\*\* for its trading partner whether that is the EDI vendor or provider. Providers using Change Healthcare or other clearinghouses and vendors are responsible for arranging to have these reports forwarded to the appropriate billing or open receivable departments. In order to verify satisfactory receipt and acceptance of submitted records, please review both the Change Healthcare Acceptance Report and the R059 Plan Claim Status Report.

\*Acceptance Report verifies acceptance of each claim at Change Healthcare.

\*\*R059 Plan Claim Status Report is a list of claims that passed Change Healthcare's validation edits. However, when the claims were submitted to the Plan, they encountered provider or member eligibility edits.

### Plan Specific Electronic Edit Requirements

First Choice VIP Care currently has two specific edits for professional and institutional claims submitted electronically.

- 837P 005010X098A1 Provider ID Payer Edit states the ID must be less than 13 alphanumeric digits.
- 8371 005010X096A1 Provider ID Payer Edit states the ID must be less than 13 alphanumeric digits.

As a reminder member numbers must be less than 17 alphanumeric characters and statement dates must not be earlier than the date of service.

## **Electronic Billing Exclusions**

Certain claims are excluded from electronic billing and must be submitted by paper. These exclusions fall into two groups:

Excluded Claim Categories

Claim records requiring supportive documentation (but not including secondary claims with COB information).

Claim records for medical, administrative or claim appeals.

Excluded Provider Categories

Providers not transmitting through Change Healthcare or providers sending to vendors not transmitting through Change Healthcare.

Pharmacists through Change Healthcare.

(These exclusions apply to inpatient and outpatient claim types.)

### **Common Rejections**

Invalid Electronic Claim Records – Common Rejections from Change Healthcare

Claims with missing or invalid batch level records.

Claim records with missing or invalid required fields.

Claim records with invalid (unlisted, discontinued, etc.) codes (CPT-4, HCPCS, ICD-10 etc.).

Claims without member ID numbers.

Invalid Electronic Claim Records – *Common Rejections from First Choice VIP Care* (EDI Edits within the Claim System)

Claims received with invalid provider numbers (including NPI and Taxonomy, or Plan ID, as applicable).

Claims received with invalid member ID numbers.

Claims received with invalid member date of birth.

### **Rejected Claims**

Rejected claims are those returned to the provider without being processed or adjudicated due to a billing issue.

- Rebilling of a previously-rejected claim should be done as an *original* claim.
- If the claim was previously rejected, it is as if the claim never existed and does not appear on any remittance advice.
- Since rejected claims are considered original claims, timely filing limits must be followed. Claims timely filing limit is 365 days from the date of service.
- Note: Rejected claims are assigned a document control number (DCN); however, a DCN is not the same as a First Choice VIP Care claim number.

### **Corrected or Replacement Claims**

Corrected claims are provider-submitted replacements for previously-submitted claims. There are various reasons that a provider may submit a corrected claim including, but not limited to, the provider wants to update or correct submitted charges, procedural codes, number of units, etc.

- In cases where resubmission serves to correct a claim that has already been denied/paid, the claim must be clearly identified as a corrected claim and resubmitted within 365 days from date of service.
- If there is an identified overpayment beyond 365 days from date of service, please contact Provider Services to arrange repayment. You may either send a refund check with documentation directly to the First Choice VIP Care, P.O. Box 7182, London, KY 40742-7182, or arrange to have the repayment withheld from future payments.
- Corrected claims may be submitted electronically through Change HealthCare or NaviNet, or on paper submission to First Choice VIP Care, P.O. Box 7182, London, KY 40742-7182.
- Any claim that is resubmitted must be billed as a corrected or replacement claim and must include the original First Choice VIP Care claim number.

- You can find the First Choice VIP Care claim number on the 835 ERA, the paper Remittance Advice, or from the claim status search in NaviNet.
- If you do not have the First Choice VIP Care claim number, then you may need to wait for the original claim to be processed or conduct further research on NaviNet to get the First Choice VIP Care claim number.

### How to Submit Corrected or Replacement Claims

- Corrected/replacement and voided claims may be sent electronically or on paper.
  - If sent electronically, the *claim frequency code* (found in the 2300 Claim Loop in the field CLM05-3 of the HIPAA Implementation Guide for 837 Claim Files) may only contain the values '7' for the Replacement (correction) of a prior claim or '8' for the Void of a prior claim. <u>The value '6' should no longer be used</u>.
    - In addition, you must also provide the original claim number in *Payer Claim Control Number* (found in the 2300 Claim Loop in the REF\*F8 segment of the HIPAA Implementation Guide for 837 Claim Files). This is not a unique requirement of the Plan but rather a requirement of the mandated *HIPAA Version 5010 Implementation Guide*.
- If the corrected claim is submitted on paper, the claim must have the following in order to be processed:
  - On a Professional CMS 1500 Claim, the resubmission code of "7" or "8" and the Plan's original claim number must be in Field 22.
  - On an Institutional UBo4 Claim, bill type should end in "7" or "8" in Form Locator 4 and the Plan's original claim number must be in Form Locator 64A Document Control Number.

Reminders:

- You may only resubmit as a corrected or replacement claim when you have received an original First Choice VIP Care <u>claim number</u>.
- Billing of a previously-rejected claim is <u>not</u> considered a resubmission or replacement, but an <u>original claim.</u>

### **PROVIDER PREVENTABLE CONDITIONS**

First Choice VIP Care will comply with the Patient Protection and Affordable Care Act of 2010 (ACA) in regard to the reimbursement of Provider Preventable Conditions (PPC). The ACA defines PPCs in two distinct categories: Health Care Acquired Conditions and Other Provider-Preventable Conditions.

The category of Health Care Acquired Conditions (HCAC) applies to inpatient hospital settings only. Under this category, First Choice VIP Care does not reimburse providers for procedures when any of the following conditions are not present upon admission in an inpatient setting, but subsequently acquired in that setting:

- Foreign Object Retained After Surgery
- Air Embolism
- Blood Incompatibility
- Catheter Associated Urinary Tract Infection
- Pressure Ulcers (Decubitus Ulcers)
- Vascular Catheter Associated Infection
- Mediastinitis After Coronary Artery Bypass Graft (CABG)

- Hospital Acquired Injuries (fractures, dislocations, intracranial injury, crushing injury, burn and other unspecified effects of external causes)
- Manifestations of Poor Glycemic Control
- Surgical Site Infection Following Certain Orthopedic Procedures
- Surgical Site Infection Following Bariatric Surgery for Obesity
- Deep Vein Thrombosis and Pulmonary Embolism Following Certain Orthopedic Procedures Except for Pediatric and Obstetric Populations

The category of Other Provider-Preventable Conditions (OPPC) includes, at a minimum, three existing Medicare National Coverage Determinations for OPPCs. Under this category, First Choice VIP Care will not reimburse providers for any of the following never events in any inpatient or outpatient setting:

- Surgery Performed on the Wrong Body Part
- Surgery Performed on the Wrong Patient
- Wrong Surgical Procedure Performed on a Patient

### Mandatory Reporting of Provider Preventable Conditions

In addition to broadening the definition of PPCs, the ACA requires payers to make pre-payment adjustments. <u>Therefore, a PPC must be reported by the provider at the time a claim is submitted</u>. Note that this requirement applies even if the provider does not intend to submit a claim for reimbursement for the service(s) rendered.

Under specific circumstances, the PPC adjustment is not applied or is minimized. For example:

- No payment reduction is imposed if the condition defined as a PPC for a particular member existed prior to the initiation of treatment for that member by the provider. This situation **may be reported on the claim with a "Present on Admission" indicator**
- Payment reductions may be limited to the extent that the identified PPC would otherwise result in an increase in payment; First Choice VIP Care will reasonably isolate the portion of payment directly related to the PPC and identify that portion for nonpayment.

### For Professional Claims (CMS-1500)

- Report a PPC by billing the procedure of the service performed with the applicable modifier: PA (surgery, wrong body part); PB (Surgery, wrong patient) or PC (wrong site surgery) in 24D.
- Report the diagnosis codes, such as Y65.51, Y65.52 or Y65.53 in field 21 [and/or] field 24E.

## For Facility Claims (UB-04 or 837I)

When submitting a claim which includes treatment required as a result of a PPC, inpatient and outpatient facility providers are to include the ICD-10, including applicable external cause of injury codes on the claim in field 67 A – Q. Examples of ICD-10 diagnosis codes include:

- Wrong surgery on correct patient Y65.51.
- Surgery on the wrong patient, Y65.52.
- Surgery on wrong site Y65.5.
- If, during an acute care hospitalization, a PPC causes the death of a patient, the claim should reflect the Patient Status Code 20 "Expired".

### **Inpatient Claims**

When a PPC is not present on admission (POA) but is reported as a diagnosis associated with the hospitalization, the payment to the hospital will be reduced to reflect that the condition was hospital-acquired.

For per-diem or percent-of-charge based hospital contracts, claims including a PPC must be **submitted via the paper claims process with the member**'s medical record. These claims will be reviewed against the medical record and payment will be adjusted accordingly. Claims with PPC will be denied if the medical record is not submitted concurrent with the claim.

For DRG-based hospital contracts, claims with a PPC will be adjudicated systematically, and payment will be adjusted based on exclusion of the PPC from the DRG. Facilities do not need to submit copies of medical records for PPCs associated with this payment type.

### Indicating Present on Admission (POA)

**If a condition described as a PPC leads to a hospitalization, the hospital should include the "Present on Admission" (POA) indicator on the claim submitted for payment.** The applicable POA Indicator should be reported in the shaded portion of field 67 A – Q. DRG-based facilities may submit POA via 8371 in loop 2300; segment K3, data element K301.

Valid POA Indicators Include:

- "Y" = Yes = present at the time of inpatient admission
- "N" = No = not present at the time of inpatient admission
- "U" = Unknown = documentation is insufficient to determine if condition was present at time of inpatient admission
- "W" = Clinically Undetermined = provider is unable to clinically determine whether condition was present at time of inpatient admission or not "null" = Exempt from POA reporting

# **Electronic Billing Inquiries**

• Please direct inquiries as follows:

Action	Contact
If you would like to transmit claims electronically	Contact Change Healthcare at 1-877-363-3666
If you have general EDI questions	Contact: Change Healthcare EDI Technical Support at 1-877- 363-3666
If you have questions about specific claims transmissions or acceptance and R059 - <b>Claim Status reports</b>	Contact your EDI Software Vendor or call the Change Healthcare Provider Support Line at 1- 877363-3666
If you have questions about your R059 – Plan Claim Status (receipt or completion <b>dates)</b>	Contact Provider Services at 1-888-978-0151
If you have questions about claims that are reported on the Remittance Advice	Contact Provider Services at 1-888-978-0151 for claim inquiries.
If you would like to update provider, payee, NPI, UPIN, tax ID number or <b>payment address information</b> OR For questions about changing or verifying provider <b>information</b>	Please contact Provider Services at 1-888-978-0151
If you would like information on the 835 Remittance Advice	Contact your EDI Vendor or call Change Healthcare at 1-877-363-3666
If you would like to check the status of your claim	Review the status of your submitted claims by logging into NaviNet at <u>www.navinet.net</u>
If you would like to sign up for Provider Portal	<u>www.navinet.net</u> Customer Service: 1-888-482-8057
If you would like to sign up for Electronic Funds Transfer	Contact Change Healthcare at 1-866-506-2830

Provider Manual

# Section X Behavioral Health Care

# Section X. Behavioral Health Care

### **Credentialing of Behavioral Health Providers**

First Choice VIP Care will assure access to the full scope of care and service resources within the established CMS standards of access and choice for all members. All network providers, including behavioral health providers, are credentialed and re-credentialed to provide clinical care and services. First Choice VIP Care has formally assigned responsibility for the credentialing and re-credentialing review function to the Credentialing Committee. The Credentialing Committee, part of the Provider Network Operations department, performs the review of behavioral health provider credentialing and re-credentialing and makes recommendations accordingly.

The following types of individual providers, facilities and provider organizations fall under the authority of the behavioral health credentialing/re-credentialing process:

- Licensed Physicians (psychiatrists and addictive medicine physicians)
- Licensed Psychologists
- Licensed Behavioral Health Clinicians (LPC, LMFT, LCISW, LMFT)
- Stand Alone Behavioral Health Hospital/Inpatient Facilities
- Medicare Enrolled Community Partial Hospitalization Programs

First Choice VIP Care strives to offer a provider network that provides the highest level of quality, as well as adequate choices and convenience to members.

### Behavioral Health Practitioner / Provider Credentialing Rights

Right to Review Information Submitted

Behavioral health providers have the right to review information submitted to support the credentialing application process with the exception of peer references and National Practitioner Data Bank (NPDB) reports. Currently, First Choice VIP Care does not require peer references. In addition, behavioral health providers have the right to be notified if information received from the credentials verification organization (CVO) is substantially different than was reported by the provider. Practitioners will be notified of this right in the credentialing decision notification letter.

### Right to Correct Erroneous Information

Behavioral health providers have the right to correct erroneous information submitted by another party. Corrections must be submitted in writing to the credentialing staff identified in the decision notification letter within ten (10) business days of notification. Corrections or information **received will be reviewed and documented in the practitioner's file. Practitioners** will also be notified of this right in the credentialing decision notification letter.

### Right to be Informed of Application Status

Behavioral health providers may request information about the status of the application they submitted at any time during the process. Such requests must be made to the Credentialing

Coordinator, who will provide information about the status of the application, including whether or not it was received, whether or not it was sent to the CVO for primary source verification, and/or whether or not it is scheduled to be presented to the Credentialing Committee, etc.

### Behavioral Health Provider Application Process

### Individual Provider Application

First Choice VIP Care credentials at the practitioner level to meet CMS requirements for all services provided outside the auspices of a hospital inpatient setting. The application process for individual behavioral health practitioners requires submission of a completed application. The application must include evidence, such as copies of diplomas, licenses, insurance riders, documentation of privileges, etc. Rosters will be collected at the point of contracting but as staff changes, applications may be requested by contacting a Credentialing Specialist through the Provider Services department at 1-888-978-0151. Practitioners must supply their credentials, a resume, a mailing address, telephone number and date of birth in order to request an application.

If you are a participant with Council for Affordable Quality Healthcare (CAQH), the CVO will pull the application from CAQH. Through CAQH, each provider determines what entity is eligible to **receive his or her credentialing information. Providers who have elected "universal" status need** not do anything in order for First Choice VIP Care to receive their information. If you do not have broad distribution permissions, please select First Choice VIP Care to receive your application. Providers that do not participate with CAQH will receive a standard application via the mail from our CVO. Completed applications may be returned to the CVO for review and primary source verification. Following the primary source verification process, the First Choice VIP Care Credentialing Committee will make a determination regarding network participation.

Professional Provider Organization and Facility Application Process

Facility and professional provider organizations must complete a facility application. The following types of organizations are considered facilities:

- Hospitals
- Free Standing Psychiatric Facilities
- Chemical Dependency Treatment Centers
- Partial Hospitalization Programs

Applications may be requested by contacting a Credentialing Specialist through the Provider Services department at 1-888-978-0151.

#### Credentialing Site Visit

Following receipt and review of the facility application, a First Choice VIP Care Account Executive will schedule a site visit if the facility is not accredited by JCAHO, CARF or COA or if the provider is anticipated to be a high volume provider. The credentialing site visit includes a tour of all program areas of the organization, interview with senior administrative, clinical and direct care staff and review of additional written material and documentation. The onsite documentation review may include:

- Policy and procedure manuals
- Licensing documentation
- Accreditation documentation
- Program, treatment or other service protocols
- Program schedules
- Quality Improvement/Assurance Plan and reports
- Discussion about medical record documentation practices, review of a blind treatment record and review of documentation policy and procedure

A score of 80% on the site visit is required. The Account Executive will assist the provider to the extent practical and appropriate relative to improvement. The Account Executive will provide a report with recommendations for improvement to the provider and will re-visit the site within six **(6) months to assess progress. Assistance will be documented in the provider's file and will** include the dates and the types of assistance provided. This will continue until the provider meets the site visit standards or declines further participation in the process.

The application and site visit report are reviewed by the Credentialing Committee for an approval/disapproval determination regarding the organization's/facility's network participation.

#### Credentialing Committee Decision

First Choice VIP Care does not make credentialing/re-credentialing decisions based on the **applicants' race, ethnic/national identity, gender, age, sexual orientation, the types of proced**ures in which the practitioner specializes or the patients for which the practitioner provides care. In developing its network, First Choice VIP Care strives to meet the cultural and special needs of members.

Applicants are notified of the Credentialing Committee's initial credentialing approval. Should the Credentialing Committee elect to decline participation, the applicant will receive a detailed explanation and be offered the opportunity to review documentation used to make the decision (with the exception of NPDB reports and peer references).

#### Re-credentialing

Re-credentialing involves periodic review and re-verification of clinical credentials of network providers. The First Choice VIP Care Provider Network Management department maintains an active file of all credentialing decisions. A reminder system ensures each provider organization, facility and individual behavioral health practitioner is re-credentialed as scheduled. As part of this process, First Choice VIP Care periodically reviews provider information from the National **Practitioner's Data Bank (NPDB) as well as the Office of Inspector General list of individuals who** have been excluded from participation in Medicare and Medical Assistance Programs. Providers are required to disclose, at the time of discovery, any criminal convictions of staff members related to the delivery of medical care or services under the Medicare, Medicaid, or Title XX Social Service programs. Such information must also be reported at the time of application for or renewal of network participation to First Choice VIP Care at any time upon request.

At a minimum the re-credentialing process occurs every three (3) years. The re-credentialing process includes an up-to-date re-examination of all the materials and a review of the following:

- Member complaints and grievances
- Results of quality indicators monitoring and evaluating activities
- Care Management Provider profiles, as available
- Utilization Management Provider profiles, as available
- Member satisfaction surveys, as available
- Re-verification of licensure standing
- Re-verification of hospital privileges
- Review of incident reports

#### Adding a New Site or Service

When a high volume provider relocates or opens a new site, First Choice VIP Care must evaluate the new site. Providers are contractually bound to report changes that affect referrals. Non-accredited, high volume or potential high volume providers require a site visit prior to seeing members so please plan accordingly. While the definition may vary from time to time, currently, a high volume provider is one who sees 200 or more unique members in a twelve (12) month period.

Providers who are adding a new service or site must contact the designated Account Executive. The Account Executive will notify you if a site visit is necessary.

#### Address Changes

As a reminder, providers are contractually bound to report changes that affect referrals, such as the relocation of an office site. If your office is considered high volume, relocation of your office site will require a site visit from First Choice VIP Care.

### **Contracting and Rate Notices**

#### Contracts

If an entity provides both behavioral health and physical health services, services will be included on one contract. The contract used will be the typical medical agreement. The Account Executive on the medical side will include the appropriate staff as needed from First Choice VIP Care to assist and answer any questions. The First Choice VIP Care contract is generally used for freestanding behavioral health entities and individual / group practices that exclusively provide behavioral health services. First Choice VIP Care uses a standard Provider Agreement that is approved by all the appropriate local authorities. Provider Agreements automatically renew each year.

Rate Notices and Fee Schedules

Payment is made based on the Medicare fee schedule. Rates will adjust in conjunction with rate changes from CMS.

### **Covered Behavioral Health Services**

The following behavioral health services are included in the Plan's benefit package.

• Diagnostic and assessment services

- Physician and mid-level practitioner visits
- Individual counseling, group counseling, family counseling and Federally Qualified Health Center (FQHC) services
- Medication Management
- Inpatient acute psychiatric hospitalization and emergency services
- Partial hospitalization services

### Access to Behavioral Health Care

Providers are required to maintain hours sufficient to meet the demand of the practice. If a provider site cannot meet the member's need within the specified timelines for emergent, urgent, or routine care, as indicated below, Providers must inform the member that they can contact the Member Services Department to obtain additional Provider options. The member has the right to choose to wait for the next available appointment; however this must be clearly documented in the Member's medical record.

The standards below apply to behavioral health care services and behavioral health providers; **please refer to the "Provider and Network Information" section of this** *Provider Manual* for the standards that apply to medical care services and medical providers.

Access to Behavioral Health Care		
Life Threatening Emergencies		
Definition of Life Threatening Emergency: A situation requiring immediate care to a member to prevent death, serious injury or deformity of the member.	Providers must ensure that members receive an appointment within <u>one hour</u> of the request for services.	
<u>Non-Life Threatening</u> <u>Emergencies</u>		
Definition of Non-Life Threatening Emergency: A behavioral health condition where the member may suffer significant physical or emotional deterioration resulting in hospitalization or partial hospitalization unless an intervention is made within <u>six</u> <u>hours</u> .	Provider must ensure that members receive an appointment within <u>six hours</u> of the request for services.	

<u>Urgent</u> Definition of Urgent: The diagnosis and treatment of medical conditions that are serious or acute but pose no immediate threat to life and health, but which require medical attention within <u>24 hours.</u>	Providers must ensure that members receive an appointment within <u>twenty-four (24) hours</u> of the request for services.
Routine Mental Health Services Definition of Routine: Routine services are those services not deemed emergent or urgent.	Providers must ensure that members receive an appointment within <u>21 business days</u> of the request for services.
Waiting Time in a Provider Office	Not to Exceed 45 Minutes
Use of Free Interpreter Services	As Needed Upon Member Request During All Appointments

### **Behavioral Health Services Requiring Prior Authorization**

The following is a list of behavioral health services requiring prior authorization review for medical necessity and place of service. Prior Authorization may be requested by contacting Provider Services at 1-888-978-0151:

- Mental Health Partial Hospitalization Program
- Inpatient Detoxification Admissions
- Mental Health IP Inpatient Admissions
- Neuropsychological Testing
- Psychological Testing
- Electroconvulsive Therapy

For the initial prior authorization of inpatient stays, electroconvulsive therapy and/or partial hospitalization programs, please submit requests by telephone to the UM department. Requests are also accepted by fax if they contain all the appropriate information to support a medical necessity review and/or level of care evaluation. Typically authorization for inpatient stays are for three to five days at a time and partial hospitalization programs for one week at a time, depending on medical necessity. Requests to extend authorization on these services may also be submitted by telephone to the UM department.

For the initial prior authorization of outpatient services please submit requests by completing and faxing the Outpatient Treatment Request Form to the UM department. See also the Utilization Management section of this *Provider Manual*.

### Behavioral Health Services Not Requiring Prior Authorization

- Outpatient Behavioral Health Counseling and Therapy
- Outpatient Evaluation
- Outpatient Medication Management Services
- Outpatient Nursing Services

### Billing for Behavioral Health Care Services

Behavioral health providers will follow the same billing procedures as medical health care **providers. Please refer to the "Claims Submission Protocols and Standards" section of this** *Provider Manual* for more information on how to submit claims for covered behavioral health care.

### Behavioral Health Provider Contract Terminations and Formal Sanctioning

See the section above called "Provider and Network Information" for information about contract terminations and sanctioning.



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